

UPWARD BOUND BULLETIN

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By: Katelyn Stack

A snapshot of what is happening in the CCCC TRiO Upward Bound Programs



ETIQUETTE ESSENTIALS

Which fork do we use? Where does our napkin go?? There is a certain way to eat soup?!?

During our November Saturday Session, our participants learned the answer to all of these questions and more during our "Etiquette Essentials".

After learning about how to dress, shake hands, and properly partake in a formal dinner we put our students to the test for a Special Saturday Event.

On December 4th some of our students had the opportunity to dress up, attend a show at the Temple Theatre, and eat a four-course dinner with some very special guests.

Our participants did an exemplary job sharing their etiquette knowledge and engaging in conversation throughout the evening.

We want to give a special Thank You to Dr. Lisa Chapman, Dr. Kristi Short, Mrs. Meghan Brown, and Mrs. Rachel Sullivan for spending their evening with us.

ETIQUETTE ESSENTIALS

We put our November Saturday Session practice to the test at our Special Saturday Event!

DUKE COLLEGE TOUR

In November we had the opportunity to tour Duke University!

TEAM TALK

In this issue meet our newest team member
– Falecia Simmons!

DUKE COLLEGE TOUR



"Touring Duke was a great experience, the architectural aspects of the buildings and infrastructure made in seem mid-evilly modern. The football game was intense and it was so cool to visit a college stadium. "

-A'mir Forrest, UBMS Overhills Participant



STUDENT SPOTLIGHT

Admirable Alumni

Kaitlyn is a CCCC TRiO Upward Bound Alumni and currently a Social Work Undergrad Student at Appalachian State University. Kaitlyn served as our Lead Counselor over the summer and continues to support our programs today. We are very lucky to have Kaitlyn and know that she is going to do a wonderful job in her Masters Program!

If you know of a past TRiO UB/UBMS participant who is doing great things please share them with us!

TEAM TALK – FALECIA SIMMONS

Falecia is the newest member of our team and now supports the Upward Bound Programs as our Administrative Assistant. She is an alumna of Central Carolina Community College where she was a member of the Class of 2014. She worked in the public school-system for six years. She continued her education and is a recent graduate of the University of Pembroke where she earned a Bachelor of Interdisciplinary Studies in Applied Information Systems. She says the best part of her role is being able to contribute to the process of enrollment and correspondence with potential students to assist in making their secondary educational road smoother. She is looking forward to directly working with our students in the near future. When she is not at work she loves spending time with her family and their two fur babies.

