CENTRAL CAROLINA COMMUNITY COLLEGE

Health Sciences

Program Planning Guide

Occupational Therapy Assistant, Associate in Applied Science Degree (A45500)

The Occupational Therapy Assistant curriculum prepares individuals to work under the supervision of a registered/licensed occupational therapist in screening, assessing, planning, and implementing treatment and documenting progress for clients receiving occupational therapy services.

Course work includes human growth and development, conditions which interfere with activities of daily living, theory and process of occupational therapy, individual/group treatment activities, therapeutic use of self, activity analysis, and grading/adapting activities and environments.

Graduates may be eligible to take the national certification examination for practice as a certified occupational therapy assistant. Employment opportunities include hospitals, rehabilitation facilities, longterm/extended care facilities, sheltered workshops, schools, home health programs, and community programs.

The OTA program is currently accepting applications for Fall 2028 enrollment

Limited Enrollment Program:

This is a Limited-Enrollment program, which means the program has a set number of seats available for each entering class. The number of seats is based on factors such as classroom space, available clinical placements, accreditation requirements, and faculty resources. Students interested in this program will work with an Education Navigator to develop an academic plan and register for the courses needed to meet the minimum admission requirements. Once all minimum requirements are completed, a program application can be submitted. Qualified applicants are admitted in the order completed applications are received, as seats become available. For more information, visit the Limited-Enrollment Programs webpage.

Minimum Requirements for Admission:

- Complete 27 credit hours of Pre-OTA general education courses (see page 2).
- Complete BIO 168 & 169 with a B or better.
- Complete all other general education courses with a C or better.
- Have a 25 GPA based on 27 credit hours of OTA general education courses.

Pre-Occupational Therapy Assistant Suggested Course Schedule:

		Class	Lab	Credits	Notes:
1st Semester (fall)					
ACA 122	Transfer & Career Success	0	2	1	Seated or online
BIO 168	Anatomy and Physiology I	3	3	4	Seated
ENG 111	Writing & Inquiry	3	0	3	Seated or online
PSY 150	General Psychology	3	0	3	Seated or online
Elective	Humanities/Fine Arts Elective	3	0	3	Seated or online
	Total Semester Hours	**9**	**5**	**14**	
2nd Semester (spring)					
BIO 169	Anatomy and Physiology II	3	3	4	Seated
PSY 241	Developmental Psychology	3	0	3	Seated or online
PSY 281	Abnormal Psychology	3	0	3	Seated or online
Elective	Communication Elective	3	0	3	Seated or online
	Total Semester Hours	**12**	**3**	**13**	

A minimum grade of B must be earned in all science classes (BIO 168 and BIO 169). A minimum grade of C must be earned in all other pre-program classes.

Communication Elective Options: COM 110, COM 120, COM 231, **ENG 112***, ENG 114

Humanities/Fine Arts Elective Options: Select One: ART 111, ART 114, ART 115, DRA 111, ENG 231, ENG 232, ENG 241, ENG 242, HUM 110, HUM 115, HUM 120, HUM 122, HUM 150, MUS 110, MUS 112, **PHI 240***, REL 211, REL 212

*Recommended for OTA students

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Upon acceptance into the Occupational Therapy Assistant program, students will take the following courses:

Program Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
OTA 110	Fundamentals of OT	2	3	0	3	Seated
OTA 120	OT Media I	1	3	0	2	Seated
OTA 140	Professional Skills	0	3	0	1	Seated
	Total Semester Hours	**3**	**9**	**0**	**6**	
2nd Semester (spring)						
OTA 130	Assessment Skills	2	3	0	3	Seated
OTA 170	Physical Conditions	2	3	0	3	Seated
	Total Semester Hours	**4**	**6**	**0**	**6**	
3rd Semester (summer)						
OTA 150	Peds Concepts & Interventions	2	3	0	3	Seated
OTA 180	Psychosocial Conditions	2	3	0	3	Seated
OTA 240	Professional Skills II	0	3	0	1	Seated
	Total Semester Hours	**4**	**9**	**0**	**7**	
4th Semester (fall)						
OTA 161	Fieldwork I-Placement 1	0	0	3	1	In-person clinical rotation
OTA 162	Fieldwork I-Placement 2	0	0	3	1	In-person clinical rotation
OTA 163	Fieldwork I-Placement 3	0	0	3	1	In-person clinical rotation
OTA 220	OT Media II	1	6	0	3	Seated
OTA 250	Adult Concepts & Interventions	2	3	0	3	Seated
	Total Semester Hours	**3**	**9**	**9**	**9**	

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5th Semester (spring)						
OTA 260	Level II Fieldwork Placement 1	0	0	18	6	In-person clinical rotation
OTA 261	Level II Fieldwork Placement 2	0	0	18	6	In-person clinical rotation
OTA 280	Professional Transitions	0	2	0	1	Seated
	Total Semester Hours	**0**	**0**	**36**	**13**	
Total General Education Semester Hours Credit: 27						
Total Program Semester Hours Credit: 41						
Total Semester Hours Credit Required for Graduation: 68						