CENTRAL CAROLINA COMMUNITY COLLEGE

Health Sciences

Program Planning Guide

Physical Therapist Assistant in Applied Science Degree (A45620)

Program Length: 5 Semesters
Program Sites: Chatham Health Science Center, seated only

The Physical Therapist Assistant curriculum prepares graduates to work in direct patient care settings under the supervision of physical therapists. Assistants work to improve or restore function by alleviation or prevention of physical impairment and perform other essential activities in a physical therapy department.

Coursework includes normal human anatomy and physiology, the consequences of disease or injury, and physical therapy treatment of a variety of patient conditions affecting humans throughout the life span.

Graduates are eligible to take the National Physical Therapy Examination (NPTE). Employment is available in general hospitals, rehabilitation centers, extended care facilities, specialty hospitals, home health agencies, private clinics, and public school systems.

Limited Enrollment Program:

This is a Limited-Enrollment program, which means the program has a set number of seats available for each entering class. The number of seats is based on factors such as classroom space, available clinical placements, accreditation requirements, and faculty resources. Students interested in this program will work with an Education Navigator to develop an academic plan and register for the courses needed to meet the minimum admission requirements. Once all minimum requirements are completed, a program application can be submitted. For more information, visit the Limited-Enrollment Programs webpage.

Minimum Admission Requirements:

- ☐ Complete 25 credit hours of Pre-PTA general education courses (see page 2).
- ☐ Complete BIO 168 & 169 and ENG 111 with a B or better.
- ☐ Complete all other general education courses with a C or better.
- ☐ Have a 3.0 GPA based on 25 credit hours of PTA general education courses.
- ☐ Submit documentation of completing 10 hours shadowing a PTA in a clinical setting.

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Pre-PTA General Education Requirements & Suggested Course Schedule:

Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
ACA 122	Transfer & Career Success	0	2	0	1	Seated or online
BIO 168	Anatomy and Physiology I	3	3	0	4	Seated
ENG 111	Writing and Inquiry	3	0	0	3	Seated or online
Elective	Communications Elective	3	0	0	3	Seated or online
Elective	Humanities/Fine Arts Elective	3	0	0	3	Seated or online
	Total Semester Hours	**12**	**5**	**0**	**14**	
2nd Semester (spring)						
BIO 169	Anatomy and Physiology II	3	3	0	4	Seated
PHY 110	Conceptual Physics	3	0	0	3	Seated or online
PHY 110A	Conceptual Physics Lab	0	2	0	1	Seated or online
PSY 150	General Psychology	3	0	0	3	Seated or online
	Total Semester Hours	**9**	**5**	**0**	**11**	

Communication Elective Options: **COM 110***, COM 120, COM 231, ENG 112, ENG 114

Humanities/Fine Arts Elective Options: ART 111, ART 114, ART 115, DRA 111, ENG 231, ENG 232, ENG 241, ENG 242, HUM 110, HUM 115, HUM 120, HUM 122, HUM 150, MUS 110, MUS 112, **PHI 240*,** REL 211, REL 212

*Recommended for PTA students

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Upon acceptance into the Physical Therapist Assistant program, students will take the following courses:

Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
PTA 110	Intro to Physical Therapy	2	3	0	3	Seated
PTA 130	Physical Therapy Proc I	1	6	0	3	Seated
PTA 170	Pathophysiology	3	0	0	3	Seated
	Total Semester Hours	**6**	**9**	**0**	**9**	
2nd Semester (spring)						
PTA 120	Functional Anatomy	1	6	0	3	Seated
PTA 140	Therapeutic Exercise	2	6	0	4	Seated
PTA 150	Physical Therapy Proc II	1	6	0	3	Seated
	Total Semester Hours	**4**	**18**	**0**	**10**	
3rd Semester (summer)						
PTA 160	Physical Therapy Proc III	2	3	0	3	Seated
PTA 212	Health Care/Resources	2	0	0	2	Seated
PTA 222	Professional Interactions	2	0	0	2	Seated
	Total Semester Hours	**6**	**3**	**0**	**7**	
4th Semester (fall)						
PTA 240	Physical Therapy Proc IV	3	6	0	5	Seated
PTA 252	Geriatrics for the PTA	2	0	0	2	Seated
PTA 254	Pediatrics for the PTA	0	3	0	1	Seated
PTA 180	PTA Clinical Ed Intro	0	0	9	3	In-person clinical rotation
PTA 270	PTA Topics	1	0	0	1	Seated
	Total Semester Hours	**6**	**9**	**9**	**12**	

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5th Semester (spring)						
PTA 260AB	Adv PTA Clinical Ed	0	0	15	5	In-person clinical rotation
PTA 260BB	Adv PTA Clinical Ed	0	0	15	5	In-person clinical rotation
	Total Semester Hours	**0**	**0**	**30**	**10**	
Total General Education Semester Hours Credit: 25						
Total Program Semester Hours Credit: 48						
Total Semester Hours Credit Required for Graduation 73						