Program Planning Guide

Social and Human Services Diploma (D45380)

Program Length: 3 semesters
Program Sites: Lee Main Campus; Distance Education
Career Pathway Options: Associate in Applied Science Degree in Social and Human Services; Diploma in Social and Human Services

The *Social and Human Services* curriculum prepares students for entry-level positions in institutions and agencies that provide social, community, and behavioral health services. Along with core courses, students take courses that prepare them for specialization in specific human service areas.

Coursework includes the development of professional knowledge, skills, and values in human services. Opportunities for experiential learning allow students to apply knowledge and skills learned in the classroom. Graduates should qualify for positions in government, private, and nonprofit social and human services agencies. Graduates may choose to transfer and continue their education at a variety of colleges and universities.

Suggested Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
ACA 122	College Transfer Success	0	2	0	1	Take first 8-weeks
HSE 135	Orientation Lab I	0	2	0	1	Take second 8-weeks
DDT 110	Intellectual/Dev Disabilities	3	0	0	3	
GRO 120	Intro to Gerontology	3	0	0	3	
HSE 110	Intro to Human Services	2	2	0	3	One F2F* class required
MHA 140	Intro to Mental Health	3	0	0	3	
SAB 110	Intro to Addiction & Recovery	3	0	0	3	
	Total Semester Hours	**14**	**6**	**0**	**17**	
2nd Semester (spring)						
ENG 111	Writing and Inquiry	3	0	0	3	
HSE 223	Counseling Theories & Skills	3	0	0	3	One F2F* class required
MHA 238	Psychopathology	3	0	0	3	
PSY 150	General Psychology	3	0	0	3	
SWK 113	Cultural Comp and Diversity	3	0	0	3	
	Total Semester Hours	15	0	0	15	
						F2F = Face-to-Face

Effective Term: 2024FA

3rd Semester (summer)						
COM 110	Intro to Communication	3	0	0	3	
SOC 210	Intro to Sociology	3	0	0	3	
	Total Semester Hours	6	0	0	6	
Total Semester Credits Required for Graduation: 38						

Course Descriptions

ACA 122   College Transfer Success
This course provides information and strategies necessary to develop clear academic and professional goals beyond the community college experience. Topics include the CAA, college policies and culture, career exploration, gathering information on senior institutions, strategic planning, critical thinking, and communications skills for a successful academic transition. Upon completion, students should be able to develop an academic plan to transition successfully to senior institutions. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

COM 110   Introduction to Communication
This course provides an overview of the basic concepts of communication and the skills necessary to communicate in various contexts. Emphasis is placed on communication theories and techniques used in interpersonal group, public, intercultural, and mass communication situations. Upon completion, students should be able to explain and illustrate the forms and purposes of human communication in a variety of contexts.

DDT 110   Intellectual/Dev Disabilities
This course covers intellectual and developmental disabilities. Emphasis is placed on causes of intellectual/developmental disabilities, service provision, and advocacy. Upon completion, students should be able to demonstrate a general knowledge of serving individuals with intellectual/developmental disabilities.

ENG 111   Writing and Inquiry
Prerequisite: Take One Set: Set 1: DRE-097; Set 2: ENG-002; Set 3: BSP-4002; Possible Corequisite: Take ENG-011
This course is designed to develop the ability to produce clear writing in a variety of genres and formats using a recursive process. Emphasis includes inquiry, analysis, effective use of rhetorical strategies, thesis development, audience awareness, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English. This course has been approved for transfer under the CAA/ICAA as a general education course in English Composition.

GRO 120   Intro to Gerontology
This course introduces the psychological, social, and biological aspects of aging. Emphasis is placed on common mental, social, and physical changes that occur during the aging process. Upon completion, students should be able to recognize the aging process and its psychological, social, and biological aspects.

HSE 110   Intro to Human Services
This course introduces the human services field, including the history, agencies, roles, and careers. Topics include personal/professional characteristics, diverse populations, community resources, disciplines in the field, systems, ethical standards, and major theoretical and treatment approaches. Upon completion, students should be able to identify the knowledge, skills, and roles of the human services worker.

HSE 223   Counseling Theory and Skills
This course provides an in-depth exploration of foundational theories and practical techniques essential for those working in diverse human services settings. Emphasis is placed on self-awareness, problem-solving, decision-making, and personal growth. Upon completion, students should be able to apply these theories to real-life scenarios and develop professional skills crucial for fostering supportive relationships in various settings.

MHA 140   Introduction to Mental Health
This course provides a comprehensive overview of mental health and wellness and the roles, duties, and ethical aspects of providing mental health services. Topics include the history of mental health services, common mental health challenges, professional qualifications, and current trends. Upon completion, students will be able to discuss the impact of mental health, examine various treatment settings, and analyze the requirements for providing mental health services in public, private, nonprofit, and community environments.

MHA 238   Psychopathology
This course examines the development and use of DSM/ICD in the mental health setting to establish a common language. Emphasis is placed on history, terminology, and assessment practices associated with the DSMIV/ICD in the treatment of psychological disorders. Upon completion, students should be able to explain the core vocabulary of treatment approaches and their applications.

PSY 150   General Psychology
This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SAB 110   Intro to Addiction and Recovery Studies
This course provides an overview of the core concepts of addiction and recovery. Topics include the history of substance use, effects on societal members, treatment of addiction, and preventive measures. Upon completion, students should be able to demonstrate knowledge of the origins of substance use, addiction, prevention, treatment, and recovery.

SOC 210   Intro to Sociology
This course introduces the scientific study of human society, culture, and social interactions. Topics include socialization, research methods, diversity and inequality, cooperation and conflict, social change, social institutions, and organizations. Upon completion, students should be able to demonstrate knowledge of sociological concepts as they apply to the interplay among individuals, groups, and societies. This course has been approved for transfer under the CAA/ICAA as a gen education course in Social/Behavioral sciences.

SWK 113   Cultural Competency & Diversity
This course examines and promotes understanding, sensitivity, awareness, and knowledge of various cultures and diversity. Emphasis is placed on professional responsibilities, duties, and skills critical to multicultural social services practice. Upon completion, students should be able to integrate and expand knowledge, skills, and cultural awareness relevant to diverse populations.