



Program Planning Guide

Associate Degree Nursing Associate in Applied Science (A45110)

Program Length: 5 Semesters

Program Sites: Lee Main Campus and Chatham Health Sciences Center, seated only

The Associate Degree Nursing curriculum provides knowledge, skills, and strategies to integrate safety and quality into nursing care, to practice in a dynamic environment, and to meet individual needs which impact health, quality of life, and achievement of potential.

Course work includes and builds upon the domains of healthcare, nursing practice, and the holistic individual. Content emphasizes the nurse as a member of the interdisciplinary team providing safe, individualized care while employing evidence-based practice, quality improvement, and informatics.

Graduates of this program are eligible to apply to take the National Council Licensure Examination (NCLEX-RN). Employment opportunities are vast within the global health care system and may include positions within acute, chronic, extended, industrial, and community health care facilities.

Limited Enrollment Application Overview:

The Associate Degree Nursing (ADN) program is a limited-enrollment program, which means that there are a limited number of seats in this program each year. Students must meet all requirements listed below to enter the ADN program. While they are completing these requirements, pre-ADN Students will be enrolled in the Pre-Nursing program (A55280NR). Acceptance will be reviewed from November 1 to May 15, and students will be notified of acceptance through email by May 15 each year. Provisional acceptance will be reviewed from May 15 to May 31, and students will be notified of acceptance through email by June 1 each year.

ADN Admission Requirements:

Complete 27 credit hours of Pre-Nursing general education courses (see page 2).

- ☐ Complete BIO 168 & 169 with a B or better.
- ☐ Complete all other general education courses with a C or better.
- ☐ Have a minimum 2.5 GPA based on 27 credit hours of ADN general education courses.
- ☐ Submit documentation of completed CNA course and appear on the NC Nurse Aide Registry in good standing.
- ☐ Attend a mandatory, in-person program orientation before beginning the program. The date will be provided in the admission acceptance letter.

Provisional Acceptance:

Provisional acceptance will be offered to a student if there are seats available after all fully accepted students have confirmed their acceptance by May 31 each year, and:

- ☐ The student has earned a grade of C in BIO 168 and/or BIO 169.
- ☐ All remaining general education coursework will be completed by the end of the summer term.
- ☐ Nurse Aide completion documentation will be submitted by May 31.



Pre-ADN General Education Requirements & Suggested Course Schedule:

Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
ACA 122	Transfer & Career Success	0	2	0	1	Seated or online
BIO 168	Anatomy and Physiology I	3	3	0	4	Seated
ENG 111	Writing and Inquiry	3	0	0	3	Seated or online
Elective	Humanities/Fine Arts Elective	3	3	0	3	Seated or online
PSY 150	General Psychology	3	0	0	3	Seated or online
SOC 210	Introduction to Sociology	3	0	0	3	Seated or online
	Total Semester Hours	15	8	0	17	
2nd Semester (spring)						
BIO 169	Anatomy and Physiology II	3	3	0	4	Seated
Elective	English/Communications Elective	3	3	0	3	Seated or online
PSY 241	Developmental Psychology	3	0	0	3	Seated or online
NAS 3240	Nurse Aide Level I					Seated only via Continuing Education or Approved NC Nurse Aide Programs
	Total Semester Hours	9	6	0	10	

Communications Elective Options: Select One: ENG 112, ENG 114

Humanities/Fine Arts Elective Options: Select One: ART 111, ART 114, ART 115, HUM 115, MUS 110, MUS 112, **PHI 240***

***Recommended for ADN students**

Upon acceptance into the Associate Degree Nursing program, students will take the following courses:						
Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
NUR 111	Intro to Health Concepts	4	6	6	8	Seated
	Total Semester Hours	4	6	6	8	
2nd Semester (spring)						
NUR 112	Health-Illness Concepts	3	0	6	5	Seated
NUR 113	Family Health Concepts	3	0	6	5	Seated
	Total Semester Hours	6	0	12	10	
3rd Semester (summer)						
NUR 114	Holistic Health Concepts	3	0	6	5	Seated
	Total Semester Hours	3	0	6	5	
4th Semester (fall)						
NUR 211	Health Care Concepts	3	0	6	5	Seated
NUR 212	Health System Concepts	3	0	6	5	Seated
	Total Semester Hours	6	0	12	10	
5th Semester (spring)						
NUR 213	Complex Health Concepts	4	3	15	10	Seated
	Total Semester Hours	4	3	15	10	
Total General Education Semester Hours Credit: 27						
Total Program Semester Hours Credit: 43						
Total Semester Hours Credit Required for Graduation: 70						



Course Descriptions

ACA 122 Transfer & Career Success

This course introduces students to career and transfer opportunities while building skills for academic success, career exploration, and transfer preparation, ensuring readiness for success in community college and beyond. Topics include transfer agreements with public and independent institutions, programs and processes that facilitate transfer, and transfer tools and resources; career topics include career exploration and information and skills such as resume writing, portfolio development, and professional communication. Upon completion, students will be able to identify the community college program that matches their transfer and career goals, navigate transfer policies and processes, use Transfer Guides, develop an academic plan for future success, and identify professional application materials. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

BIO 168 Anatomy and Physiology I

Requisites: Take ENG-045 - Must be taken either prior to or at the same time as this course.

This course provides a comprehensive study of the anatomy and physiology of the human body. Topics include body organization, homeostasis, cytology, histology, and the integumentary, skeletal, muscular, nervous, special senses, and endocrine systems. Upon completion, students should be able to demonstrate an in-depth understanding of principles of anatomy and physiology and their interrelationships. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

BIO 169 Anatomy and Physiology II

Requisites: Take BIO-168 - Must be completed prior to taking this course.

This course provides a continuation of the comprehensive study of the anatomy and physiology of the human body. Topics include the endocrine, cardiovascular, lymphatic, respiratory, digestive, urinary, and reproductive systems as well as metabolism, nutrition, acid-base balance, and fluid and electrolyte balance. Upon completion, students should be able to demonstrate an in-depth understanding of principles of anatomy and physiology and their interrelationships. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

ENG 111 Writing and Inquiry

Requisites: Take ENG-045 - Must be taken either prior to or at the same time as this course.

This course is designed to develop the ability to produce clear writing in a variety of genres and formats using a recursive process. Emphasis includes inquiry, analysis, effective use of rhetorical strategies, thesis development, audience awareness, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English. This course has been approved for transfer under the CAA/ICAA as a general education course in English Composition.

NUR 111 Intro to Health Concepts

This course introduces the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts within each domain including medication administration, assessment, nutrition, ethics, interdisciplinary teams, informatics, evidence-based practice, individual-centered care, and quality improvement. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

NUR 112 Health-Illness Concepts

Prerequisite: Take NUR 111

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of acid-base, metabolism, cellular regulation, oxygenation, infection, stress/coping, health-wellness-illness, communication, caring interventions, managing care, safety, quality improvement, and informatics. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

**NUR 113 Family Health Concepts**

Prerequisite: Take NUR 111

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of oxygenation, sexuality, reproduction, grief/loss, mood/affect, behaviors, development, family, health-wellness-illness, communication, caring interventions, managing care, safety, and advocacy. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

NUR 114 Holistic Health Concepts

Prerequisite: Take NUR 111

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of cellular regulation, perfusion, inflammation, sensory perception, stress/coping, mood/affect, cognition, self, violence, health-wellness-illness, professional behaviors, caring interventions, and safety. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

NUR 211 Health Care Concepts

Prerequisite: Take NUR 111

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of cellular regulation, perfusion, infection, immunity, mobility, comfort, behaviors, health-wellness-illness, clinical decision-making, caring interventions, managing care, and safety. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

NUR 212 Health System Concepts

Prerequisite: Take NUR 111

This course is designed to further develop the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of grief/loss, violence, health-wellness-illness, collaboration, managing care, safety, advocacy, legal issues, policy, healthcare systems, ethics, accountability, and evidence-based practice. Upon completion, students should be able to provide safe nursing care incorporating the concepts identified in this course.

NUR 213 Complex Health Concepts

Prerequisite: Take all: NUR 111, NUR 112, NUR 113, NUR 114, NUR 211, and NUR 212

This course is designed to assimilate the concepts within the three domains of the individual, healthcare, and nursing. Emphasis is placed on the concepts of fluid/electrolytes, metabolism, perfusion, mobility, stress/coping, violence, health-wellness-illness, professional behaviors, caring interventions, managing care, healthcare systems, and quality improvement. Upon completion, students should be able to demonstrate the knowledge, skills, and attitudes necessary to provide quality, individualized, entry level nursing care.

PHI 240 Introduction to Ethics

Requisites: Take ENG-111 - Must be completed prior to taking this course.

This course introduces theories about the nature and foundations of moral judgments and applications to contemporary moral issues. Emphasis is placed on moral theories such as consequentialism, deontology, and virtue ethics. Upon completion, students should be able to apply various ethical theories to moral issues such as abortion, capital punishment, poverty, war, terrorism, the treatment of animals, and issues arising from new technologies. This course has been approved for transfer under the CAA/ICAA as a general education course in Humanities/Fine Arts.

**PSY 150 General Psychology**

This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

PSY 241 Developmental Psychology

Requisites: Take PSY-150 - Must be completed prior to taking this course.

This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SOC 210 Introduction to Sociology

This course introduces the scientific study of human society, culture, and social interactions. Topics include socialization, research methods, diversity and inequality, cooperation and conflict, social change, social institutions, and organizations. Upon completion, students should be able to demonstrate knowledge of sociological concepts as they apply to the interplay among individuals, groups, and societies. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.