

Salads (dressing choices: Ranch, Balsamic, Honey mustard)

The Healthy Cougar- choice of grilled or fried chicken over mixed greens, julienne carrots, diced tomatoes, cucumbers, and shredded cheese. Topped with homemade croutons, and dressing.

Oriental Salad- choice of grilled or fried chicken over mixed greens, julienne carrots, diced tomatoes, cucumbers, and shredded cheese, sunflower seeds, sliced almonds, mandarin oranges, crispy noodles.

Chef Salad- mixed greens, julienne carrots, diced tomatoes, cucumbers, shredded cheese, ham, turkey, bacon, homemade croutons, and dressing.

Sandwiches/Entrees

Cougar Sandwich- choice of grilled or fried chicken, mayo, pickle on a bun served with choice of side.

Chicken Club Sandwich- fried or grilled chicken, bacon, provolone, lettuce, tomato, mayo on a bun served with choice of side.

The Charlee - ham, turkey, provolone, lettuce, tomato, bacon, and mayonnaise on sourdough bread served with choice of side.

Roasted Veggie Wrap- roasted carrots, tomato, zucchini, onions, portabella mushrooms, provolone, lettuce and herb spread wrapped in a spinach tortilla served with choice of side.

The Hungry Cougar – 5 pieces of grilled or fried chicken strips served with one dipping sauce and choice of one side item

Sides- Fresh fruit cup, homemade chips with ranch dip, sweet potato fries with honey mustard, hibachi vegetables (zucchini, onion, carrot, broccoli).

Sorry NO A La Carte Options!!!!

All Lunches served with Tea or Citrus Water \$5.00