

CCCC Natural Chef Café Specials

September 3-5

Lunch (reservations and pre-orders recommended)

Tuesday and Wednesday 12-1 (Dine in or take out)- **\$7.00**

Cohen Farm Reuben with Carolina Sauerkraut (gf, df substitute)

Homemade Potato Chips with cilantro aioli (gf, df)

Gluten Free Black Bean Brownies (gf, df)

Dinner (reservations recommended)

Wednesday 6-7 (Dine in or take out) **\$15.00**

First Course

Toasted Granola over romaine lettuce with a blueberry yogurt sauce

Second Course

Braised Cohen Farm Beef (gf, df)

Mashed Potatoes (gf, df available)

Roundel Carrots with local honey ginger glaze

Third Course

Pineapple upside down cake with brown sugar ice cream

Coffee and Pastries (drop in and see what is available)

Tuesday and Thursday 10-11

Miscellaneous baked goods and Coffee \$1.00-\$3.00

Pantry Items (pre-order to guarantee availability)

(Pantry items include cold packaged family size meals and baked goods for take-out only)

Please specify PANTRY items by the underlined name to ease in confusion of our other menus!

Pick up= Wednesday 12-1 and Thursday 10-11

Pantry Family Meal of the week **\$20.00**

Toasted Tomato Mozzarella Brochette

Braised Crawford Dairy Sausage with Sweet Potato Ravioli and Sweet
Potato Parmesan Béchamel Sauce

Massaged Kale Salad with toasted granola

Poached Pears with Date Sauce

Lilly Den Roasted Turkey Noodle Soup (quart) \$7.00

Gluten Free Black Bean Brownies (gf,df)- 6 pack- \$ 6.00

LEE CAMPUS DELIVERY: (orders placed before 11:30 a.m.)

Wednesdays at 12:20 (We will be as prompt as possible) in front of Science building

Items available for this delivery include the **Lunch, and Pantry Sale Items!**

For reservations call 919-545.8076 and leave a message.

Your call will be returned on the day of the reservation so please leave an accurate contact number for the day of the requested reservation.

Remember this is a learning environment for our student

Menu is subject to change

Seating is limited so please plan accordingly