SPRING 2020 | CONTINUING EDUCATION COURSE SCHEDULE

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Lee: (919) 718-7500

FEATURING CLASSES:

- ARTISTRY & CRAFTSMANSHIP
- BUSINESS & LEADERSHIP
- CAREER & EMPLOYMENT TRAINING
- CONSTRUCTION
- CREATIVE WRITING
- CULINARY ARTS
- DANCE/FITNESS
- EMERGENCY MEDICAL SERVICES
- FIRE & RESCUE
- FOREIGN LANGUAGES

HEALTH & MEDICAL OCCUPATIONS
HUMAN SERVICES
INDUSTRIAL & MANUFACTURING
NATURE
PHOTOGRAPHY
RELIGION

FIND CLASSES ONLINE
www.cccc.edu/ce/find-classes
<table>
<thead>
<tr>
<th>Location Code</th>
<th>Location Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHSC</td>
<td>Chatham Health Sciences Center</td>
<td>75 Ballentrae Court Pittsboro, NC</td>
</tr>
<tr>
<td>CWI</td>
<td>Center for Workforce Innovation</td>
<td>5910 Enterprise Park Dr. Sanford, NC</td>
</tr>
<tr>
<td>DCTR</td>
<td>Dunn Center</td>
<td>660 E. Johnson Street Dunn, NC</td>
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<tr>
<td>DWCC</td>
<td>Dennis Wicker Civic Center</td>
<td>1801 Nash Street Sanford, NC</td>
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<tr>
<td>ESTC</td>
<td>Emergency Services Training Center</td>
<td>3000 Airport Road Sanford, NC</td>
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<tr>
<td>HHSC</td>
<td>Harnett Health Science Center</td>
<td>51 Red Mulberry Way Lillington, NC</td>
</tr>
<tr>
<td>HMC</td>
<td>Harnett Main Campus</td>
<td>1075 E. Cornelius Harnett Blvd. Lillington, NC</td>
</tr>
<tr>
<td>LACTR</td>
<td>Lee Enrichment Center</td>
<td>1615 S.Third Street Sanford, NC</td>
</tr>
<tr>
<td>LCI</td>
<td>Lee County Industry, Innovation Center</td>
<td>5825 Clyde Rhyne Drive Sanford, NC</td>
</tr>
<tr>
<td>LCS</td>
<td>Lee County Schools - Southern Lee High School</td>
<td>2301 Tramway Road Sanford, NC</td>
</tr>
<tr>
<td>LMC</td>
<td>Lee Main Campus</td>
<td>1105 Kelly Drive Sanford, NC</td>
</tr>
<tr>
<td>PMC</td>
<td>Pittsboro Main Campus</td>
<td>764 West Street Pittsboro, NC</td>
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<tr>
<td>SCMC</td>
<td>Siler City Main Campus</td>
<td>400 Progress Blvd. Siler City, NC</td>
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<tr>
<td>TS</td>
<td>Triangle South Enterprise Center</td>
<td>600 S. Magnolia Ave. Dunn, NC</td>
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<tr>
<td>WHC</td>
<td>Western Harnett Center</td>
<td>145 Olive Farm Drive Sanford, NC</td>
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For additional location information or directions, visit www.cccc.edu/locations.
### Organic Crop Production
This course includes a study of fall organic crop production practices, including vegetables, cut flowers, and culinary and medicinal herbs. Topics include variety selection, production methods, and record keeping procedures for certification. Upon completion, students will be able to demonstrate a knowledge of organic crop production appropriate for the fall season. This is a parallel course completed in a curriculum environment. A textbook is required.

<table>
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<tr>
<th>Code</th>
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<tr>
<td>C1075</td>
<td>64 Hrs</td>
<td>Th</td>
<td>1/16</td>
<td>5/07</td>
<td>1:00PM - 4:50PM</td>
<td>Sustainable Tech. Bldg., Rm. 135</td>
<td>C. McNeill</td>
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### Animals & Pets

#### Dog Obedience - Canine Good Citizen
This course will prepare students to take and pass the AKC Canine Good Citizen (CGC) Test given at the last meeting. The purpose of the CGC Test is to ensure that the family dog can be a respected member of the human community. Students will train their respective dogs to act mannerly at home and in public places. Both purebred and mixed breed dogs are welcome. Dogs must be up to date on shots.

<table>
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<tr>
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<td>1/24</td>
<td>3/13</td>
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<td>P. Sullivan</td>
<td>$71.00</td>
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<tr>
<td>C1094</td>
<td>10 Hrs</td>
<td>F</td>
<td>3/20</td>
<td>5/08</td>
<td>4:30PM - 6:00PM</td>
<td>Pittsboro Small Business, Rm. 102</td>
<td>P. Sullivan</td>
<td>$71.00</td>
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#### Dog Obedience (Beginning)
Have fun in this intensive beginner obedience/home management class for dogs over six months old. Students will learn to train their dogs, with positive reinforcement, walk on a loose leash, come when called, sit, down, and stand. First class is mandatory orientation – no dogs – owners only. Dogs must be in good health, at least 6 months old, up to date on shots and not in heat. Students are required to provide information about their dog when registering.

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<tr>
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<tr>
<td>C1093</td>
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<td>3/20</td>
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<td>3:00PM - 4:30PM</td>
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### Artistry & Craftsmanship

#### Artistic Welding Work for Beginners
Discover the creative side of the torch! This course is designed to familiarize you with the safe and productive use of the welding shop and equipment as well as a foundation of solid techniques that will also fire up your ability to create three-dimensional pieces of art with metal. Metal fee is $45.00.

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<tr>
<th>Code</th>
<th>Hours</th>
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<td>K. Kuhnel</td>
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#### Basics of Art
Learn how to develop core drawing skills and personal style in composition, perspective and design. Work in pencil, pen and ink, charcoal and pastels. Art students critique their own work. Bring out the artist within.

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<tr>
<th>Code</th>
<th>Hours</th>
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<th>Location</th>
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<td>2/20</td>
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<td>C1095</td>
<td>8 Hrs</td>
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<td>2/15</td>
<td>2/22</td>
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<td>Pittsboro Small Business, Rm. 204</td>
<td>E. Thompson</td>
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#### Cone 10 Gas Reduction Workshop
This course is open to all pottery students who have a basic understanding of pottery and can provide cone 10 bisque ware to be fired. Instruction offers an understanding of the reduction firing process. Focused discussion includes properties of atmospheric changes during a reduction firing and how those changes affect the outcome.

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<tr>
<th>Code</th>
<th>Hours</th>
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<td></td>
<td></td>
<td>Sa</td>
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<td></td>
<td>8:00AM - 4:30PM</td>
<td>Siler City Ctr Rm. 102</td>
<td>R. Edwards</td>
<td>$71.60</td>
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</table>

#### Drawing and Painting
This course focuses on the basics of art, composition and perspective. Get into art gear! Upon completion students will have a more thorough understanding of art perspective. Supplies will be provided.

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<tr>
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<th>End Date</th>
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<th>Instructor</th>
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<tr>
<td>C1096</td>
<td>8 Hrs</td>
<td>Sa</td>
<td>3/21</td>
<td>3/28</td>
<td>10:00AM - 2:00PM</td>
<td>Pittsboro Small Business, Rm. 204</td>
<td>E. Thompson</td>
<td>$61.00</td>
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#### Pottery - Ceramic Design
This course is open to pottery students of all levels. Individual and group instruction will be given to assure the success of all beginning students and to offer challenges to the advanced student. Instruction will offer an understanding of the pottery making process from beginning to finish. Clay fee is $24.00 (two bags will be required).

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<tr>
<th>Code</th>
<th>Hours</th>
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<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
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<td>C1082</td>
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<td>T</td>
<td>1/14</td>
<td>4/28</td>
<td>6:00PM - 9:00PM</td>
<td>Siler City Ctr Rm. 102</td>
<td>D. Englund</td>
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<td>C1080</td>
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<td>1/16</td>
<td>4/30</td>
<td>6:00PM - 9:00PM</td>
<td>Siler City Ctr Rm. 102</td>
<td>R. Edwards</td>
<td>$126.60</td>
</tr>
<tr>
<td>C1083</td>
<td>48 Hrs</td>
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<td>1/22</td>
<td>5/06</td>
<td>9:00AM - 12:00PM</td>
<td>Siler City Ctr Rm. 102</td>
<td>L. O'Keefe</td>
<td>$126.60</td>
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</table>
Business & Leadership

Notary Public
The successful completion of the Notary Public class will be the first step toward qualifying for an initial NC Notary Public Commission or for a re-commission. For additional qualification on being commissioned as a Notary, contact the N.C. Department of the Secretary of State. A textbook and official State or Federal photo I.D. will be required for the first class. Applicants must be at least 18 years old, have no criminal background, have a high school diploma or GED, live or work in NC, and read, write and speak English.

C1071  7 Hrs  1/15 - 1/15  W  9:00AM - 5:00PM  PMC  Pittsboro Small Business, Rm. 204  P. Holloway  $71.60
C1072  7 Hrs  2/26 - 2/26  W  9:00AM - 5:00PM  PMC  Pittsboro Small Business, Rm. 204  P. Holloway  $71.60
C1073  7 Hrs  3/31 - 3/31  T  9:00AM - 5:00PM  PMC  Pittsboro Small Business, Rm. 204  P. Holloway  $71.60
C1074  7 Hrs  4/29 - 4/29  W  9:00AM - 5:00PM  PMC  Pittsboro Small Business, Rm. 204  P. Holloway  $71.60

Creative Writing

Diy Kit: Write a Short Story in One Day
Warning! Writing fictional short stories is addictive and fun. From the original inspiration to the three basic elements of a successful story, your "Do-It-Yourself Short Story Kit" provides all you need to draft a complete traditional short story.

C1059  6 Hrs  3/07 - 3/07  Sa  9:00AM - 3:30PM  PMC  Pittsboro Small Business, Rm. 103G  A. Memory  $50.00
Freeing Your Inner Writer
Have you longed to express yourself through creative writing but have been unsure how to begin? Through writing prompts, fun on-your-feet story telling, and core mindfulness exercises, this workshop will help you develop a personal road map letting your inner writer come out!

C1064 3 Hrs 1/25 - 1/25  Sa 10:00AM - 1:00PM  PMC  Pittsboro Small Business, Rm. 102  J. Guralnick  $50.00

Share Your Writing with the World
Revision and submission is an exciting step in a writer's life, and for some, it can be a little daunting. But it doesn't have to be. Bring drafts of your recent writing and we'll discuss revision techniques for the final polish.

C1058 6 Hrs 4/25 - 4/25  Sa 9:00AM - 3:30PM  PMC  Pittsboro Small Business, Rm. 103G  A. Memory  $50.00

The Book of Your Heart Part I
This class is for students writing fiction or memoirs to learn basic skills needed to prepare a manuscript for publication, whether traditional or self-publishing. Students will learn how to write query letters, dialogue and description, genre expectations, and how to critique their own work and that of others.

C1067 20 Hrs 1/15 - 3/04  W 6:00PM - 8:30PM  PMC  Pittsboro Small Business, Rm. 103G  J. Stanton  $120.00

The Business of Writing Romance
Ever wanted to write a romance novel…and get it published? The Business of Writing Romance is a seven-week workshop-style class covering the creative and business side of romance. Learn how to create memorable characters, edit and prepare your work for publication, how to market your work, and more.

C1070 7 Hrs 3/28 - 3/28  Sa 9:00AM - 4:30PM  PMC  Pittsboro Small Business, Rm. 205  D. Sickles  $60.00
C1070 7 Hrs 3/28 - 3/28  Sa 9:00AM - 4:30PM  PMC  Pittsboro Small Business, Rm. 205  D. Sickles  $60.00

Transform Your Health: Write to Heal
Are secrets hazardous to your health? Can language reduce stress? Is writing a pathway to resilience and optimum well-being? Benefit from the results of research by taking a course in expressive writing. We do all our writing during timed sessions in class. You will take away 21 different writing tools for future use.

C1060 16 Hrs 3/02 - 4/27  M 6:30PM - 8:30PM  PMC  Pittsboro Small Business, Rm. 103G  M. Barnard  $70.00

Write the Poem You Really Want to Write
Write the poem you really want to write. This class will discuss published examples of a range of poetic styles and voices, provide participant critiques, prompt writing, and look at publishing possibilities. Suitable for experienced and beginning poets.

C1062 12 Hrs 4/22 - 5/27  PMC  null, Rm. undefined  T. Dow II  $70.00

Writing for Young Audiences
If you've dreamed of writing a children's book, this is the course for you! Practice the creative side of the craft while developing your own manuscript, and learn the business side of writing, including how to identify publishers, how to prepare your submission, and how to market your work. There are two suggested texts for this class.

C1069 12 Hrs 4/09 - 5/14  Th 6:30PM - 8:30PM  PMC  Pittsboro Small Business, Rm. 103G  D. Sickles  $70.00

Culinary Arts & Hospitality

Advanced Baking
This is an advanced baking class that will teach you how to make specialty breads, sourdough, classical desserts, laminated pastry dough, cake and torte decorating, dessert plating and presentation skills. This is a parallel course completed in a curriculum environment. Uniform required (hat or hair covering, chef's coat, smock or apron and closed-toe shoes). A textbook is required.

C1255 72 Hrs 1/16 - 5/07  Th 9:00AM - 1:30PM  PMC  Sustainable Tech. Bldg., Rm. 145  J. Burleyson  $181.60

Culinary Essentials (Garde Manager)
Students will learn basic knife skills, basic cold food preparation techniques, salads, sandwiches, and appetizers. Uniform required: hat or hair covering, chef's coat, smock or apron and closed toe shoes.

C1252 80 Hrs 1/13 - 5/11  M 9:00AM - 2:00PM  PMC  Sustainable Tech. Bldg, Rm. 133  T. Nicholas  $181.60

Healthy Cooking Essentials
Students will cover holistic education, whole food culinary techniques, fundamentals of nutrition, and the connection between food, health and sustainability. This is a parallel course completed in a curriculum environment. Uniform required (hat or hair covering, chef's coat, smock or apron and closed-toe shoes).

C1256 22 Hrs 2/04 - 11/03  T 6:15PM - 8:45PM  PMC  Sustainable Tech. Bldg, Rm. 133  K. Burton  $71.60

How to Cook Locally and Seasonally
Learn how to make food choices that support their local community & our entire food system as a whole. Students will also learn to prepare a variety of dishes using local ingredients for every season. Uniform required (hat or hair covering, chef's coat, smock or apron and closed-toe shoes).

C1253 126 Hrs 1/15 - 5/06  W 8:00AM - 2:00PM  PMC  Sustainable Tech. Bldg., Rm. 133  K. Burton  $181.60
EMT Refresher

This course will fulfill the hours needed to re-credential National Registry or North Carolina Emergency Medical Technician credentials. Students will also earn their EPC, GEMS, and PHTLS certifications. There are additional card costs.

C1176  96 Hrs  1/06 - 4/05  Sa Su  9:00AM - 5:30PM  CHSC Chatham Health Sciences, Rm. 221  M. Braxton  $180.00

Health & Wellness

C1011  8 Hrs  1/13 - 1/21  M Th  7:00PM - 10:00PM  CFD  Silk Hope Fire Dept, Rm. 1  T. McNeill  $70.00

T  7:00PM - 9:00PM

Live Structural Burn Training

C1016  8 Hrs  1/18 - 1/18  Sa  8:00AM - 5:00PM  CFD  Goldston Vfd-Goldston, Rm. 1  C. Richardson  $70.00

Fire & Rescue Services
Rescue

C1028 20 Hrs 2/03 - 2/20  M T W Th 7:00PM - 10:00PM  CFD  Bennett Vfd-Bennett, Rm. 1  D. Reeves  $70.00

TR Rescue Operations

C1035 12 Hrs 2/12 - 2/26  W 9:00AM - 4:00PM  CFD  Pittsboro Fire Dept, Rm. 1  C. Bishop  $70.00
C1036 12 Hrs 2/13 - 2/24  M Th 9:00AM - 4:00PM  CFD  Pittsboro Fire Dept, Rm. 1  C. Bishop  $70.00
C1037 12 Hrs 2/14 - 2/25  T F 9:00AM - 4:00PM  CFD  Pittsboro Fire Dept, Rm. 1  C. Bishop  $70.00

Fitness

Yoga I
This course introduces the basic discipline of Yoga. Topics will include proper breathing, relaxation techniques, and correct body positions. This course is a parallel course to PED 122, Yoga I, and is completed in a curriculum environment.
C1055 24 Hrs 2/11 - 5/07  T Th 12:30PM - 1:30PM  CHSC Chatham Health Sciences, Rm. 118  $126.60

Foreign Languages

German (Intermediate)
This class focuses on the continued acquisition of German language and grammar skills. Students must have taken German (Beginning) or have basic German language skills.
C1057 18 Hrs 2/11 - 4/07  PMC null, Rm. undefined  A. Priest  $71.60

Health & Medical Occupations

Cardiovascular Monitor Technician
This course is designed to prepare the student to become a certified EKG Technician and a certified Cardiovascular Monitor Technician. Upon completion of the class, the student will be eligible for the Cardiovascular Monitor Technician Certification Examination through the American Board of Cardiovascular Medicine (ABCM). A high school diploma and textbook are required.
C1556 132 Hrs 2/18 - 6/09  T Th 5:30PM - 9:30PM  CHSC Chatham Health Sciences, Rm. 207  E. Mashburn  $181.60

Central Sterile Processing
This course is designed to introduce the primary responsibilities of a central sterile processing technician. Emphasis is placed on the principles of sterilization and disinfection in the workplace. Graduates are eligible for Certification for Healthcare Sterile Processing and Distribution Technician's exam. A textbook is required.
C1555 96 Hrs 3/12 - 6/30  T Th 6:00PM - 9:00PM  SCMC Siler City Ctr, Rm. 123  H. Lineberry  $181.60

Group Fitness: Cardio & Strength Trng.
This course will provide individuals with an opportunity to participate in a group fitness course focused on cardiovascular health and strength training. Course work includes the role of the athletic trainer as a healthcare professional, common medical terminology, and how to prevent, recognize, and provide initial care for common injuries.
C1078 24 Hrs 2/11 - 5/07  T Th 4:00PM - 5:00PM  CHSC Chatham Health Sciences, Rm. 118  J. Kelly  $71.60
C1079 24 Hrs 2/11 - 5/07  T Th 5:00PM - 6:00PM  CHSC Chatham Health Sciences, Rm. 118  J. Kelly  $71.60

Nurse Aide I
This course provides the knowledge and skills needed to care for adults. Emphasis is placed on activity of daily living skills and signs and symptoms of disease. Graduates are eligible for the National Nurse Aide Assessment Program (NNAAP) certification. Supplies are required. Criminal background check, immunization records, and drug testing are required before clinical rotation. This class is offered in traditional, hybrid, and accelerated formats.
C1551 184 Hrs 1/14 - 3/31  T Th 8:00AM - 4:30PM  SCMC Siler City Ctr, Rm. 123  D. McCarty-Knisley  $191.60

Pharmacy Technician
This course provides instruction in technical procedures for preparing and dispensing drugs under the supervision of a registered pharmacist. Emphasis is placed on drug packaging/labeling and customer service. Graduates are eligible for the Pharmacy Technician Certification Board's (PTCB), Certified Pharmacy Technician Examination (CPhT). A textbook is required. This class has campus specific enrollment requirements and textbooks.
C1554 192 Hrs 5/11 - 10/28  M W 5:30PM - 9:30PM  SCMC Siler City Ctr, Rm. 118  L. Stanley  $181.60

Phlebotomy Technician
This course provides instruction in blood/specimen collection techniques and handling. Graduates are eligible for the American Society for Clinical Pathology certification. A textbook, supplies, criminal background check, and immunization records are required. Drug test is required at some clinical locations. Clinical hours may vary from scheduled class times.
C1553 200 Hrs 4/27 - 8/19  M T W 9:00AM - 1:00PM  CHSC Chatham Health Sciences, Rm. 209  M. McGhee  $191.60
C1552 200 Hrs 5/11 - 9/02  M T W 5:30PM - 9:30PM  CHSC Chatham Health Sciences, Rm. 209  M. McGhee  $191.60
Nature
Birding (Beginning)
Learn the basics of backyard bird identification and how to attract birds to your home landscape. Topics include choosing binoculars, field guides, seed and feeders, nesting boxes and locations for observation. Classroom video presentations will complement weekly outdoor birding trips to easy access birding sites in Chatham County.
C1087  24 Hrs  3/10 - 4/28  T  9:00AM - 12:00PM  PMC  Pittsboro Small Business, Rm. 103G  A. Upshaw  $120.00

Plants, Birds, Rocks and Things
This course will familiarize students with the natural flora, fauna, geology and archaeology of Chatham County. Exposure to the natural world and our history enriches ones' life, enabling the student to appreciate these resources at a personal, informed level and enabling them to share this knowledge with others.
C1088  24 Hrs  3/11 - 4/29  W  9:00AM - 12:00PM  PMC  Pittsboro Small Business, Rm. 103G  A. Upshaw  $120.00

Photography
Creating Art-Photography Fundamentals 2
Do you have a digital camera and want to learn how to use it more effectively and artistically? In this class, we will discuss photographic techniques used with macro, documentary, portrait, landscape, wildlife, nature, and event photography. The class will include field work, discussions and review of student images, and career options in photography. Students must have a DSLR or a point & shoot camera.
C1061  16 Hrs  3/17 - 5/05  T  6:30PM - 8:30PM  PMC  Pittsboro Small Business, Rm. 108  C. Moses  $71.60

Religion
New Testament History
Experience the history, culture, times and people of the 1st century with emphasis on the 400 years of silence between the Testaments. A brief look at the Bible and its journey, the biblical God, and the Old Testament's connection to the New.
C1086  36 Hrs  1/14 - 4/07  T Th  10:00AM - 11:30AM  PMC  Pittsboro Admin/Class, Rm. 225  J. Pharr  $126.60
**Emotional Intelligence: Work Leverage**
Understanding the root causes of your emotions can help you effectively identify who you are and how you interact with others in every aspect of life. Learn tools that will help you be emotionally intelligent at work, such as managing your impulses, communicating effectively, managing change, solving problems, and related topics.

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<tr>
<th>Course Code</th>
<th>Hours</th>
<th>Start Date - End Date</th>
<th>Instructor</th>
<th>Cost</th>
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<td>D1701</td>
<td>36</td>
<td>2/17 - 3/25</td>
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**Emergency Medical Services**

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<td>96</td>
<td>1/13 - 3/15</td>
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**Health & Medical Occupations**

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<td>D1912</td>
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