Program Planning Guide
Human Services Technology, Associate in Applied Science (A45380)

Program Length: 4 semesters
Career Pathway Options: Associate in Applied Science Degree in Human Services Technology;
Program Sites: Lee Campus – Day (selected courses available via Distance Education)

<table>
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<tr>
<th>Suggested Course Schedule:</th>
<th>HOURS</th>
<th>Grade</th>
<th>Semester</th>
<th>Notes</th>
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<td>1st Semester (Fall)</td>
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<td>PSY 150 General Psychology</td>
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<td>SOC 210 Introduction to Sociology</td>
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<td>CIS 110 Introduction to Computers</td>
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<td>HSE 123 Interviewing Techniques</td>
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<td>HSE 112 Group Process I</td>
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<td>HSE 225 Crisis Intervention</td>
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<td>SAB 110 Substance Abuse Overview</td>
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<td>ENG 114 Professional Research &amp; Reporting</td>
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*Elective Course Listing (Choose 9 SHC)
| PSY 234 Organizational Psychology | 3 0 3 |       |          |       |
| PSY 237 Social Psychology         | 3 0 3 |       |          |       |
| PSY 246 Adolescent Psychology     | 3 0 3 |       |          |       |
| PSY 281 Abnormal Psychology       | 3 0 3 |       |          |       |
| SOC 225 Social Diversity          | 3 0 3 |       |          |       |

Total Semester Hours Credit: 66/68

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Course Descriptions:

ACA 111  College Student Success  1-0-1
This course introduces the college’s physical, academic, and social environment and promotes the personal development essential for success. Topics include campus facilities and resources; policies, procedures, and programs; study skills; and life management issues such as health, self-esteem, motivation, goal-setting, diversity, and communication. Upon completion, students should be able to function effectively within the college environment to meet their educational objectives.

ACA 115  Success and Study Skills  0-2-1
This course provides an orientation to the campus resources and academic skills necessary to achieve educational objectives. Emphasis is placed on an exploration of facilities and services, study skills, library skills, self-assessment, wellness, goal-setting, and critical thinking. Upon completion, students should be able to manage their learning experiences to successfully meet educational goals.

ACA 122  College Transfer Success  1-0-1
This course provides information and strategies necessary to develop clear academic and professional goals beyond the community college experience. Topics include the CAA, college culture, career exploration, gathering information on senior institutions, strategic planning, critical thinking, and communications skills for a successful academic transition. Upon completion, students should be able to transition successfully to senior institutions.

CIS 110  Introduction to Computers  2-2-3
This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems.

ENG 110  Introduction to Human Services  2-2-3
This course introduces the human services field, including the history, agencies, roles, and careers. Topics include personal/professional characteristics, diverse populations, community resources, disciplines in the field, systems, ethical standards, and major theoretical and treatment approaches. Upon completion, students should be able to identify the knowledge, skills, and roles of the human services worker.

ENG 111  Writing and Inquiry  3-0-3
Prerequisites: Take one set: RED 090 and ENG 090, ENG 095, DRE-098 or appropriate placement test scores.
This course is designed to develop the ability to produce clear writing in a variety of genres and formats using a recursive process. Emphasis includes inquiry, analysis, effective use of rhetorical strategies, thesis development, audience awareness, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English.

ENG 114  Professional Research and Reporting  3-0-3
Prerequisite: ENG 111
This course, the second in a series of two, is designed to teach professional communication skills. Emphasis is placed on research, listening, critical reading and thinking, analysis, interpretation, and design used in oral and written presentations. Upon completion, students should be able to work individually and collaboratively to produce well-designed business and professional written and oral presentations. The computer is used as a writing and design tool for this course.

HSE 100  Counseling  2-2-3
Prerequisite: PSY 150
This course covers the major approaches to psychotherapy and counseling, including theory, characteristics, and techniques. Emphasis is placed on facilitation of self-exploration, problem solving, decision-making, and personal growth. Upon completion, students should be able to understand various theories of counseling and demonstrate counseling techniques.

HSE 110  Human Services Issues  2-0-2
Prerequisite: Successful completion of 12 SHC in the HSE program
This course covers current issues and trends in the field of human services. Emphasis is placed on contemporary topics with relevance to special issues in a multi-faceted field. Upon completion, students should be able to integrate the knowledge, skills, and experiences gained in classroom and clinical experiences with emerging trends in the field.

HSE 120  Group Process I  1-2-2
Prerequisite: Enrollment in the HSE program
This course introduces interpersonal concepts and group dynamics. Emphasis is placed on self-awareness facilitated by experiential learning in small groups with analysis of personal experiences and the behavior of others. Upon completion, students should be able to show competence in identifying and explaining how people are influenced by their interactions in group settings.

HSE 123  Interviewing Techniques  2-2-3
This course covers the purpose, structure, focus, and techniques employed in effective interviewing. Emphasis is placed on observing, attending, listening, responding, recording, and summarizing of personal histories with instructor supervision. Upon completion, students should be able to perform the basic interviewing skills needed to function in the helping relationship.

HSE 125  Human Services Issues  2-0-2
Prerequisite: Successful completion of 12 SHC in the HSE program
This course covers the basic theories and principles of crisis intervention. Emphasis is placed on identifying and demonstrating appropriate and differential techniques for intervening in various crisis situations. Upon completion, students should be able to assess crisis situations and respond appropriately.

HSE 225  Crisis Intervention  3-0-3
This course introduces the basic theories and principles of crisis intervention. Emphasis is placed on identifying and demonstrating appropriate and differential techniques for intervening in various crisis situations. Upon completion, students should be able to assess crisis situations and respond appropriately.

MAT 110  Math Measurement & Literacy  2-2-3
Prerequisites: DMA-010, DMA-020, and DMA-030 or appropriate placement.
This course provides an activity-based approach that develops measurement skills and mathematical literacy using technology to
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solve problems for non-math intensive programs. Topics include unit conversions and estimation within a variety of measurement systems; ratio and proportion; basic geometric concepts; financial literacy; and statistics including measures of central tendency, dispersion, and charting of data. Upon completion, students should be able to demonstrate the use of mathematics and technology to solve practical problems, and to analyze and communicate results.

MAT 143 QUANTITATIVE LITERACY 2-2-3
Prerequisites: Take one set:
Set 1: DMA-010, DMA-020, DMA-030, DMA-040, DMA-050, and DRE-098
Set 2: DMA-010, DMA-020, DMA-030, DMA-040, DMA-050, and ENG-095
Set 3: DMA-010, DMA-020, DMA-030, DMA-040, DMA-050, and ENG-090 and RED-090, DMA-010, DMA-020, and DMA-030 or appropriate placement.
This course is designed to engage students in complex and realistic situations involving the mathematical phenomena of quantity, change and relationship, and uncertainty through project- and activity-based assessment. Emphasis is placed on authentic contexts which will introduce the concepts of numeracy, proportional reasoning, dimensional analysis, rates of growth, personal finance, consumer statistics, practical probabilities, and mathematics for citizenship. Upon completion, students should be able to utilize quantitative information as consumers and to make personal, professional, and civic decisions by decoding, interpreting, using, and communicating quantitative information found in modern media and encountered in everyday life.

PSY 115 STRESS MANAGEMENT 2-0-2
This course covers stressors and techniques for stress management. Topics include anger, assertiveness, adaptation to change, conflict, coping skills, identification of stressors, time management, and the physiology of stress and burnout. Upon completion, students should be able to demonstrate an understanding of the effective management of stress.

PSY 150 GENERAL PSYCHOLOGY 3-0-3
This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology.

PSY 234 ORGANIZATIONAL PSYCHOLOGY 3-0-3
Prerequisite: PSY 150
This course introduces the field of industrial and organizational psychology. Topics include employee motivation, organizational structure, leadership, selection and training, conflict resolution, communication, job satisfaction, and other related influences on performance. Upon completion, students should be able to demonstrate a basic understanding of organizational dynamics and behaviors in the workplace.

PSY 237 SOCIAL PSYCHOLOGY 3-0-3
Prerequisite: Take one: PSY 150 or SOC 210
This course introduces the study of individual behavior within social contexts. Topics include affiliation, attitude formation and change, conformity, altruism, aggression, attribution, interpersonal attraction, and group behavior. Upon completion, students should be able to demonstrate an understanding of the basic principles of social influences on behavior.

PSY 241 DEVELOPMENTAL PSYCHOLOGY 3-0-3
Prerequisite: PSY 150
This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span.

PSY 246 ADOLESCENT PSYCHOLOGY 3-0-3
Prerequisite: PSY 150
This course provides an overview of the behavior patterns, life changes, and social issues that accompany the developmental stage of adolescence. Topics include developmental theories; physical, cognitive, and psychosocial growth; transitions to young adulthood; and socio-cultural factors that influence adolescent roles in home, school, and community. Upon completion, students should be able to identify typical and atypical adolescent behavior patterns as well as appropriate strategies for interacting with adolescents.

PSY 281 ABNORMAL PSYCHOLOGY 3-0-3
Prerequisite: PSY 150
This course provides an examination of the various psychological disorders, as well as theoretical, clinical, and experimental perspectives of the study of psychopathology. Emphasis is placed on terminology, classification, etiology, assessment, and treatment of the major disorders. Upon completion, students should be able to distinguish between normal and abnormal behavior patterns as well as demonstrate knowledge of etiology, symptoms, and therapeutic techniques.

SAB 110 SUBSTANCE ABUSE OVERVIEW 3-0-3
This course provides an overview of the core concepts in substance abuse and dependence. Topics include the history of drug use/abuse, effects on societal members, treatment of addiction, and preventive measures. Upon completion, students should be able to demonstrate knowledge of the etiology of drug abuse, addiction, prevention, and treatment.

SOC 210 INTRODUCTION TO SOCIOLOGY 3-0-3
This course introduces the scientific study of human society, culture, and social interactions. Topics include socialization, research methods, diversity and inequality, cooperation and conflict, social change, social institutions, and organizations. Upon completion, students should be able to demonstrate knowledge of sociological concepts as they apply to the interplay among individuals, groups, and societies.
SOC 213  Sociology of the Family  3-0-3
This course covers the institution of the family and other intimate relationships. Emphasis is placed on mate selection, gender roles, sexuality, communication, power and conflict, parenthood, diverse lifestyles, divorce and remarriage, and economic issues. Upon completion, students should be able to analyze the family as a social institution and the social forces which influence its development and change.

SOC 220  Social Problems  3-0-3
This course provides an in-depth study of current social problems. Emphasis is placed on causes, consequences, and possible solutions to problems associated with families, schools, workplaces, communities, and the environment. Upon completion, students should be able to recognize, define, analyze, and propose solutions to these problems.

SOC 225  Social Diversity  3-0-3
This course provides a comparison of diverse roles, interests, opportunities, contributions, and experiences in social life. Topics include race, ethnicity, gender, sexual orientation, class, and religion. Upon completion, students should be able to analyze how cultural and ethnic differences evolve and how they affect personality development, values, and tolerance.

SOC 232  Social Context of Aging  3-0-3
This course provides an overview of the social implications of the aging process. Emphasis is placed on the roles of older adults within families, work and economics, politics, religion, education, and health care. Upon completion, students should be able to identify and analyze changing perceptions, diverse lifestyles, and social and cultural realities of older adults.

SOC 240  Social Psychology  3-0-3
This course examines the influence of culture and social groups on individual behavior and personality. Emphasis is placed on the process of socialization, communication, conformity, deviance, interpersonal attraction, intimacy, race and ethnicity, small group experiences, and social movements. Upon completion, students should be able to identify and analyze cultural and social forces that influence the individual in a society.

WBL 111  Work-Based Learning I  0-10-1
This course provides work experience with a college-approved employer in an area related to the student’s program of study. Emphasis is placed on integrating classroom learning with related work experience. Upon completion, students should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies.

WBL 115  Work-Based Learning Seminar I  1-0-1
Corequisites: WBL 111, WBL 112, WBL 113, or WBL 114
This course may accompany WBL 111, WBL 112, WBL 113, or WBL 114. Students will present their work experience and evaluate work opportunities afforded by the work-based learning experience.