

**COUGAR**

**ATHLETICS**

**NEW YEAR'S**

**5K**



Bring the whole family to join in on the fun  
at the **Cougar Athletics New Year's 5K**

**DATE:** Saturday, January 19, 2019

**TIME:** 10:00 a.m. (Registration is at 9:00 a.m.)

**LOCATION:** Black Belt Leadership Academy  
1716 Westover Drive | Sanford, NC

**COST:** \$30/Adult  
\$20/Children 17 and under  
Free/Children 5 and under

**REGISTER:** [www.itsyourrace.com/event.aspx?id=11598](http://www.itsyourrace.com/event.aspx?id=11598)



*This will be a timed race. Medals will be awarded.*

*Shirts will be given, guaranteed for racers registered by January 13.*

