



Central Carolina Works

Career & College Promise

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May 2018

Student Spotlight:

Barry Frederick, Western Harnett High School



Pathway: College Transfer

GPA: 3.5 with 34 credit hours completed by Fall, 2018

Future Plans: Barry is going to UNC-Chapel Hill and plans on majoring in Business with a minor in Italian and/or Economics. Hopefully, he'll be able to get his masters at UNC-Chapel Hill or Georgetown University. After that,

he'd like to work for a global company such as Amazon or Google as an international relations coordinator.

CCP Advisor: "What have you gained from the CCP program and how do you feel this program prepares you for college?"

Student: I have gained insight into how college is structured, and I believe that this program helps place me in the college mindset. Overall this program has definitely helped prepare me for the hectic university schedule.

CCP Advisor: "What do you like most about the program?"

Student: I believe the best part of the program is the minor lessons it has taught me. For example, I've learned how to better manage my time. I believe the lessons are very beneficial to me because I am going into a new environment where I definitely need it.

CCP Advisor: "What advice would you give to future CCP participants?"

Student: I would tell future CCP students to definitely go ahead and jump right in because if you are accustomed to classes like AP US History or AP English, then you will fit right in. I find that CCP courses, although challenging, are a much better credit guarantee than AP classes where one AP test determines how much credit you receive.

CTE Pathway Offering:

The World at Your Fingertips: Manicuring/Nail Technology

Central Carolina is now offering a Manicuring/Nail Technology pathway through our Career and College Promise program! It is a 2 semester program offered on the high school schedule.

The Manicuring/Nail Technology curriculum provides competency-based knowledge, scientific/artistic principles, and hands-on fundamentals associated with the nail technology industry. The curriculum provides a simulated salon environment which enables students to develop manipulative skills.

Coursework includes instruction in all phases of professional nail technology, business/computer principles, product knowledge, and other related topics.

It is our goal to provide students with the knowledge needed to take the North Carolina Cosmetology State Board Licensing Exam and upon passing be licensed and qualify for employment in beauty and nail salons, as a platform artist, and in related businesses.

For more information visit the [Manicuring/Nail Technology](#) program page.

Resources for Students Ready for Work:

College Foundation of North Carolina (CFNC)



College Foundation of North Carolina (CFNC) is a free resource to students that assists with career and college planning. By visiting their webpage, CFNC.org, students can begin planning for a career today. Students can complete inventories that will assess their interests, skills, and work values to determine which career options suit them best. After determining which career clusters match the student, they can then explore different career choices in each cluster.

Students can determine what professionals actually do in a specific job, what level of education is required for the job and what skills are needed, and what the starting and average salaries are in a particular career. There is also a tool called "reality check", which is a survey that students take to determine the income needed to support their desired lifestyle. Based on the results, students are directed to jobs that meet their financial needs. There are also tools to help students to prepare for getting a job which include a resume builder, a cover letter creator, a thank you letter builder, and job interview questions. Whether preparing for college or a career, CFNC is a great resource that is free to use to better prepare students.

College Transfer at a Glance:

UNC Asheville



As the only dedicated liberal arts institution in the University of North Carolina system, [UNC Asheville](#) kindles learning by offering students an intellectually rigorous education that builds critical thinking and workforce skills to last a lifetime. Small class size, award-winning faculty and a nationally acclaimed undergraduate research program foster innovation as well as recognition.



UNC Asheville stresses an environment for exploring the world as well as more than 30 different majors. About 3,900 undergraduate students and about 330 full- and part-time faculty bring the campus alive with a genuine hunger to understand and contribute to the human experience. Amid the culturally rich setting of Asheville, North Carolina, in the Blue Ridge Mountains, it's all designed to spark a lifelong quest to know more.

Facts:

- Average Lecture/Seminar Class Size: 20
- Average Lab/Studio Class Size: 18
- Most Popular Majors by Enrollment (Fall 2015): Environmental Studies, Psychology,

- Biological, Health and Wellness Promotion, Management, English and Engineering
- Mean SAT Score for First-Year Students: 1165 (Critical Reading + Math, Fall 2015)
 - Average Yearly Cost (includes tuition, fees, housing and dining services, 2015-16):
 - In-State: \$16,470
 - Out-of-State: \$32,865
 - UNC Asheville ranks seventh in the nation among public liberal arts colleges (US News and World Report 2018 Best Colleges, September 2017)
 - UNC Asheville is ranked in the top two nationally on the "Best Schools for Making an Impact" list - No. 1 in 2016 and No. 2 in 2018 (The Princeton Review guidebook, Colleges That Pay You Back: The 200 Best Value Colleges and What It Takes to Get In - 2016 & '18 Editions)

Source and more information available at: <https://www.unca.edu/>

Resources for Students Going to College: Prepping for College While in High School

When you're in high school, college can feel pretty far away. You might not think what you do now will really matter once it finally comes time to start looking into colleges, but that's not the case! Prepping for college while you're in high school isn't just about getting good grades, either - now is the time to develop other important life skills.

Whether you're just starting out your high school career or you can see graduation on the horizon, here are a few things you can do to make sure you have success from start to finish:

1. Don't slack off, ever! - Even though you might not realize it now, your high school grades really do matter once you start applying for college! You might think that you can take it easy your first few years then really get serious toward the end of high school, or vice versa. Neither of these are the case! Make sure you're maintaining good grades throughout the entire four years.
2. Don't fill your senior year with "fluff" classes - Taking super-easy "fluff" classes during your senior year just to get good grades and sail through your year will make things harder for you in the long run for two reasons. First, it is not a good way to prepare yourself for the difficulty of college courses. Second, college admissions counselors can see your courses on your transcripts and will notice if your A's were a result of taking five cooking classes your senior year. Not that taking a cooking class or two isn't important or helpful... but more on that later!
3. Learn how to manage your time - In high school, your days are pretty structured. You have class, then maybe a sports practice, then time in the evening to do your homework. Time management skills become increasingly important in college as your classes get harder, your work load becomes heavier, your social life blossoms and you realize it's completely up to you how you're going to spend your time. Make sure you understand how to balance all these things responsibly.
4. Think ahead ... in a different language - If you're taking a foreign language class in high school and think you might want to continue to study that language in college, work hard in those classes so you can score high in the placement test and score retroactive credits
5. Take CCP/AP Classes - Get ahead of the game and enter college with some credits already under your belt. If you are able and feel ready for the college-level difficulty, take advantage of CCP and AP classes as much as you can. Taking those classes will not only help prepare you for the advanced level of college courses, but they will also benefit you in the long run in terms of having a little leeway when it comes scheduling. Keep in mind that CCP courses in particular ARE college courses and DO show up on your college transcript - so don't take them if you're not ready! It might end up hurting you if you don't know your limits.
6. Get involved - Student council, national honors society, science club, forensics...whatever! The more you do now and the more you can show consistent commitment to clubs and organizations, the better your college applications will look in the future. Getting involved in clubs and organizations isn't only going to help you in that way, but it will also help you develop good leadership skills, communication skills, organizational skills and more - all things that will help you succeed in college.
7. Get involved in the community too - Volunteering can help improve your community and

can make you a more cultured, well-rounded person. Through community involvement, you'll also have the chance to meet a lot of people and do some good networking, which might come in handy when you're trying to think of people who could write you reference letters for scholarships or college applications.

8. Be smart about social media - Always keep in mind that whatever you post on the Internet is out there for everyone to see...forever. (Yes, even Snapchat.) Any future employers you have will be able to go back to look at posts, tweets and photos from your time in high school. Being conscious of what you're posting now to create a good image of yourself online will be helpful later.

Remember not to get so caught up in preparing for college that you forget to enjoy your time in high school, but definitely keep these things in mind. With these tips, you should be in good shape to have a solid high school career and, as a result, an awesome college career, as well!

For more information on how to best prepare for college while you are still in high school visit [University of Wisconsin Oshkosh](#)

Central Carolina Works Director's Spotlight



Hello to all,

Our spring classes have, for the most part, wrapped up already and the majority of our summer classes are now underway. Additional summer classes will begin on Monday, June 11th, so it's not too late to sign up! Final grades from spring will be shared with our high schools shortly for entry onto the students' high school transcripts.

The CCP program itself continues to evolve and grow with ongoing input from NC's General Assembly and guidance from our NC Community College System Office. Students can expect to see minor changes coming our way in future semesters, but we are excited to continue offering tuition-free courses to qualifying students in our area!

The 2018-2019 Complete Course Guide is available now on our website for students looking to learn more about our course offerings for next year. We would love to have you on board!

See you next month,
Mary Schmid Carter
Director of Secondary Partnerships

Points of Interest:

- Our fourth annual EWIF Bridging Careers and Education Conference will be held on Monday, June 18th. This year's focus will be on English, social studies, and CTE teachers from the high schools in our service area.
- Central Carolina Community College is exploring possibilities to create a local Promise program within our service area. If approved, the program would offer two years of tuition-free enrollment at CCCC for recent graduates who complete a certain number of

CCP Program Updates



School	Spring 2017	Spring 2018
Chatham Central	74	93
Jordan-Matthews	115	154
Northwood	154	194
Chatham County Total	343	441
Harnett Central	119	160
Overhills	111	132
Triton	146	158
Western Harnett	94	105
Harnett County Total	470	555
Lee Senior	174	112
Southern Lee	174	149
Lee County Total	348	261
Service Area Public Total	1161	1257
Other Schools (incl. Lee Early College)	467	562
Total CCP Enrollment	1628	1819