



Central Carolina Works

Career & College Promise

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March 2018

Student Spotlight:
Megan Clark, Overhills High School



Pathway: College Transfer

Future Plans: To attend ECU and major in Exercise Physiology. My future goal is to become a Physical Therapist.

Advisor: How has CCP Courses Benefited you?

Student: I am earning college courses and actually working towards my Bachelors degree.

This will help me finish earlier.

Advisor: What have you liked most about the program?

Student: The courses are more interesting and have more to do with my future major than other high school courses.

Advisor: What advice would you give future students?

Student: Take the classes. They benefit you much more than other high school courses and electives would.

CTE Pathway Offering:

A Career that Rumbles: Motorcycle Mechanics

The Motorcycle Mechanics program at CCCC is one of a kind. This program, developed with the support of industry leaders in North Carolina, graduate owners of dealerships and repair shops of various motorcycle brands and ATVs.

According to the CCCC website, "Students are prepared to inspect, diagnose, repair and adjust motorcycles, and ATV's." Students learn through hands-on participation in class assignments using a variety of tools, as well as observing demonstrations.

Graduates of this program are often employed within a week of graduation because there is a high demand for skilled motorcycle mechanics is great locally, regionally, and throughout

the nation. Graduates work as motorcycle mechanics or technicians, service managers, assemblers, parts persons and parts managers. Salary varies based on position; salaries average \$35,000 annually.

Students can enroll in a certificate program that is one semester (15 credit hours) or a diploma program that is three semesters (47 credit hours).

For more information visit the program page on CCCC's [website](#).

Resources for Students Ready for Work: Career Fairs

If you are someone who is interested in pursuing a career immediately after high school, visiting a job fair is an important step to take. A job fair, or sometimes called a career fair, is an opportunity to meet recruiters, employers, and even schools in your future field. Even if you are still questioning college or career, a career fair may help you decide the best path to reach your future goals.

Before attending the job fair, there are several steps you should take to prepare yourself. First, research the job fair itself. Not every job fair will be a match for you. Try to find one that will have employers from fields in which you have an interest. In addition, spend time researching the companies that will be there so you know a little about them. Your research will also help you to know not just if you would want to work there, but what questions to ask when meeting with them. Next, dress comfortably. You should plan to spend the day there. Dress professionally but comfortably. In addition, bring just a small bag with several copies of your resume and references. If you are planning just to walk around and meet people, that's okay, too. Third, be friendly and approachable. Remember the goal at a job fair is to sell yourself, even if this is your first job. You need to be memorable so practice your introduction, your handshake, and your goodbye. Finally, follow-up with the people that you meet at the career fairs. Even if you were not sure how a meeting went email or call to thank the recruiter for his/her time.

Aside from searching for a job, there are many other benefits to attending a job fair. The most important one is networking. It is not often that you will be given the opportunity to meet so many people in your field in one setting. Even if you are not job hunting, it is still a good decision to go and meet people. Furthermore, you can learn about job openings or even industry information that you may not have known about otherwise. Remember, a job fair is a good way to practice for future interviews when you do feel ready to pursue your future career.

If you are currently wavering between a future career or college, finding a job fair in your area may be a good way to help you decide. Not only will a job fair allow you to network by meeting people in your field, but it will also show you the qualifications in your field and help you plan for you future goals.

College Transfer at a Glance: University of Mount Olive



Founded in 1951 and sponsored by the Convention of Original Free Will Baptists, the University of Mount Olive has long been an educational institution shaped by its Christian heritage. Although they have grown and evolved over the years, their lasting emphasis on personalized, values-based learning within the liberal arts tradition has put the University of Mount

Olive on the map as one of the leading private colleges in North Carolina for more than half a century.

At a glance:

- * Annually provides more than \$8 million in institutional scholarships
- * 84% of faculty have terminal degrees
- * Offers Master's of degrees in Business, Nursing, and Education
- * Served 4,307 students in 2016-2017
- * 5th most affordable private college in North Carolina
- * Serves students from 77 counties in North Carolina, 29 states, and 33 foreign countries
- * Serves approximately 19,665 alumni
- * The University of Mount Olive has become one of the most unique and fastest growing private educational institutions in North Carolina.
- * In its traditional program, the University of Mount Olive offers over 40 different majors featuring small class sizes.
- * The University has more than 30 student organizations, professional and collegiate clubs, and performing groups
- * 91% of students are from North Carolina * 15:1 Student to faculty ratio

Recognitions:

- * 2016-17 College of Distinction
- * Military Friendly School Designation
- * Top 20 Ranking in 2018 US News & World Report Regional Colleges
- * US News & World Report 2018 Best Colleges for Veterans
- * #6 Best Bang for the Buck in Washington Monthly
- * Top 25 "Best Colleges in NC"

For more information: <https://www.umo.edu/>

Resources for Students Going to College: Effective Communication

Communication - as defined by Merriam-Webster - is: "a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior." Communication is an exchange, a give and take, between individuals. It is a critical element in the boardroom, the classroom, and even in the living room. How one communicates can affect how one is perceived at work, at school, and in personal relationships. It can also be a contributing factor in the decision to offer someone a job or admittance into a selective college program.

One common phrase that appears often in business and in academia is not merely communication but "effective" communication. To make the exchange of information (communication) effective the message being transmitted must be easily understood by the receiver and the receiver must use active listening skills to be sure that they understand the message. There are ways that both the transmitter and the receiver can improve upon their

communication skills to become effective communicators.

For the transmitter of the message, it is important to know one's audience. The speaker does not want to speak above the receiver's level of understanding nor does the speaker want to talk down to the receiver. For example, if the speaker is a PhD in meteorology speaking to a high school class, the use of jargon and acronyms should be avoided as the students would not understand what these things mean thereby causing them to lose interest or feel frustrated. On the same note, the speaker should avoid speaking to the high school students as if they are three-year-olds causing the students to feel as if they are being insulted. Another tip for the speaker is to be aware of their non-verbal communication which can lead to misunderstandings. For example, if a speaker responding to a question in the negative but nodding in the affirmative while smiling, the receiver can become confused. There are also cultural cues in non-verbal communication that could lead to misunderstandings as various non-verbal cues may mean different things in different cultures. This point is closely related to knowing the audience. Another tip is to keep stress at bay - or at least under control. One way to do this is to pause to gather one's thoughts before speaking. Using a lot of stalling phrases like "uhm" or "like" can cause the listener to tune out as can droning on without actually making a point just to fill time. It is better to pause to collect one's thoughts, present one idea at a time, give an example of the point, gauge the audience's response, and then either following up with further information or moving on to a second point. Finally, encourage questions and summarize what one has covered to be sure that the audience has understood.

The receiver has a role in effective communication as well. One is to be present. Do not allow distractions to cause one to miss key points. Face the speaker and give the speaker your full attention. Further, many times we listen to prepare our response. Instead of doing this, listen for understanding and truly think about what the speaker is saying. When reading, read for understanding not simply to prepare a response. If a question does arise, try not to interrupt the speaker but wait for a natural break or transition to politely ask a question. Finally, be sure that any questions are 1) related to the topic at hand and 2) for clarification and understanding.

Learning to be an effective communicator can take one a long way and save many headaches not only at school or work but also in personal relationships. The tips provided in this article are just the beginning. Like any other skill, effective communication must be fostered and practiced. Research other effective communication tips and practice them in your daily life!

Central Carolina Works Director's Spotlight



Happy March!

We'd like to fully welcome our newest CCW Advisor/Instructor, Ms. Alyson Cochrane. Alyson will be joining our team as the point-of-contact for Northwood High School on March 19th,

and she will also be teaching English courses for the college starting this fall. Alyson comes to us from the Lee County school system and we are THRILLED to have her on board!

For those of you who might be interested in joining our Central Carolina Works team, please keep an eye on the CCCC employment website. We expect to have a few openings, including new positions, over the next couple of months. Working with our team is challenging but highly rewarding, and joining the CCCC family as a whole is always a wonderful experience. If you want to work with high school students to positively impact their post-graduation career and college planning, this is the job for you!

Our spring semester has been humming right along. We have already completed midterms and are into the second half of the semester. Registration for future semesters will open soon (see below). As always, we are excited to work with our local school systems to enroll and register students for their tuition-free college courses.

That's all for this month!
Mary Schmid Carter
Director of Secondary Partnerships

Points of Interest:

- Our annual EWIF Summer Symposium will be held on Monday June 18th, 2018 at Lee County High School. The focus this year will be on English, social studies, and CTE teachers from all three of our surrounding counties. More details coming soon!
- We'd like to welcome all the newest Early College students who will be joining us this fall. Lee and Chatham counties have concluded their interview process, and Harnett will be holding interviews in the next few weeks. We look forward to meeting all our new incoming freshmen!
- Summer and fall pre-registration will open up on March 19th, so students and schools should be able to view the class schedules for both semesters. Returning student registration begins April 9th and new student registration begins shortly after. Students should see their CCW advisor as soon as possible to discuss options for both semesters.

CCP Program Updates



School	Spring 2017	Spring 2018
Chatham Central	74	93
Jordan-Matthews	115	154
Northwood	154	194
Chatham County Total	343	441
Harnett Central	119	160
Overhills	111	132
Triton	146	158
Western Harnett	94	105
Harnett County Total	470	555

Lee Senior	174	112
Southern Lee	174	149
Lee County Total	348	261
<i>Service Area Public Total</i>	<i>1161</i>	<i>1257</i>
Other Schools (incl. Lee Early College)	467	562
Total CCP Enrollment	1628	1819
