



# Central Carolina Works

## Career & College Promise

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February 2018

### Student Spotlight:

Joshua Williams, Southern Lee High School



**Pathway:** College Transfer

**Future Plans:** Earn a doctorate in physical therapy  
Joshua is a Southern Lee Cavalier. However, he will be a Western Carolina Catamount in a few short months. He will study athletic training, with the ultimate goal of

earning a doctorate in physical therapy. This is his second semester taking CCP classes with CCCC.

**CCP Advisor:** How have taking college classes as a high school student benefited you?

**Student:** A few ways taking college classes in high school has benefited me include saving money as I earn my bachelor's degree, being more competitive as a job applicant, and standing out as a college/scholarship applicant

**CCP Advisor:** What have you liked most? What have you like least?

**Student:** I like that I've met more people through CCCC than what I already knew.

**CCP Advisor:** What advice would you give new CCP students?

**Student:** I would advise everyone to stay on top of all your assignments and stay as organized as you can.

### CTE Pathway Offering: Culinary Arts

Are you a creative, enthusiastic, and resourceful person who is ready to join a constantly changing, ever growing field?

Hospitality careers are one of the fastest growing segments of our economy. Locally, the Triangle is experiencing an economic boom from several hospitality properties being developed, from breweries, to farm to table focused restaurants, to large food service establishments. Food service companies are the largest private employers in the country. The restaurant industry is expected to add 1.9 million jobs by 2016.

The Culinary Arts curriculum provides specific training required to prepare students to assume positions as culinary professionals in a variety of food service settings including full service restaurants, hotels, resorts, clubs, catering operations, contract food service, and health facilities with a sustainable and farm to table focus.

A curriculum offering emphasis on practical application, sustainable practices, and professionalism. The course also provides the critical competencies to successfully meet industry demands.

Articulation with Johnson and Wales University is available upon successful completion for those who are interested in a B.S. degree. With our training and job experience, graduates may advance to positions such as sous chef, executive chef, or foodservice manager. Some major points of our curriculum:

- Low student/ teacher ratio at 10:1
- A green/sustainable focused program
- Entry level classes offered fall and spring.
- Fast Track Program Available (completion possible in only one year)
- Southern Association of Colleges and Schools (SACS) accredited
- Instructors with wide ranging culinary experience and education

Student learn a variety of skills and fundamentals within CCCC's Culinary Arts program. Some of which are:

- Master the skills needed to operate a safe and sanitary food service facility
- Design and price a culinary menu
- Apply the standard and fundamental cooking methods of the culinary arts industry
- Demonstrate and execute an off-site catered meal
- Master the skills needed to be successful in the culinary industry
- Identify and evaluate appropriate and necessary industry standards in culinary with a focus on healthy cooking
- Identify and evaluate industry trends in culinary with a focus on farm to table cuisine
- Demonstrate the general skills required for success in the culinary profession

For more information regarding the Culinary Arts program please visit CCCC's culinary arts website at <http://www.cccc.edu/culinaryarts/>

Or contact Chef Hamm at  
Chef Gregg Hamm  
ghamm@ccc.edu  
(919) 545-8070

## Resources for Students Ready for Work: Job Shadowing

As a current high school student (or even beginning college student), you are probably wondering what the next step in planning a career will be. For some, the answer will come during the first year of college, but for others, the answer to "What do you want to be when you grow up?" is not always as easy. If you are stuck trying to figure out what career to enter or perhaps you are extremely confident in what you love, job shadowing would be an important step to take to make sure the job you are wishing for meets the expectations that you have.

Job shadowing gives you the chance to observe a current employee in your field throughout his/her day. Unlike brochures, or even television shows, job shadowing shows the day-to-day life and responsibilities of the job. Beyond the realistic picture, job shadowing also allows you to ask questions, such as "why did you choose this career?" or "what advice can you give?"; it gives hands-on experience, which can help narrow a job search. For instance, if you are wavering between occupational therapy or physical therapy, seeing the difference in a rehab setting can help focus the search; and job shadowing creates a network for you. It allows you the chance to meet people in the field and to find references for future applications. In addition to future employment, this can also open doors for scholarships and references on a college application.

You do not have to wait for college or high school graduation to start job shadowing. Summer break is a great time to find a place to shadow, even for a day. The sooner you take the opportunity to shadow a career, the sooner you can focus future career goals and begin a plan to reach those goals.

### College Transfer at a Glance: Appalachian State University



Appalachian State University, located in Boone, North Carolina's Blue Ridge Mountains, prepares students to lead purposeful lives as engaged global citizens

who understand their responsibilities in creating a sustainable future for all. The transformational Appalachian experience promotes a spirit of inclusion that brings people together in inspiring ways to acquire and create knowledge, to grow holistically, to act with passion and determination, and embrace diversity and difference. Appalachian enrolls about 18,000 students, has a low student-to-faculty ratio and offers more than 150 undergraduate and graduate majors. It is one of 16 universities in the University of North Carolina system.

#### **At a Glance:**

Appalachian State University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award baccalaureate, master's, intermediate, and doctoral degrees.

Fall 2017 (preliminary):

- 18,811 students
- 17,126 in state, 1,685 out of state
- 16% ethnically diverse \* (18% among first-year students)
- 16:1 student/faculty ratio
- 27 - average class size
- 120,000 living alumni from all 50 states and many countries across the globe
- Undergraduate costs, 2017-18 academic year:
  - \$14,645 in state
  - \$29,452 out of state
  - (includes tuition and fees for 12+ credit hours, standard option meal plan, standard room and board, and most textbooks)

For more information: <http://www.appstate.edu/>

### Resources for Students Going to College: FastWeb

Are you a student looking for a potential scholarship opportunity? Are you a parent

searching for ways to help fund your child's college education? What better way to get free money than with FastWeb! FastWeb is one of the best free online resources for anyone to search and apply for over one million scholarship opportunities worth over billions of dollars of funding available for potential college students.

FastWeb is not used just for searching for scholarship opportunities. It can also be used for many other resources such as searching for one's college of choice, preparation for SAT or ACT, and career planning. News articles and blogs are also provided daily to keep you up-to-date on the most current college, career, and financial news. Assisting users for over 15 years, FastWeb has provided potential college students with the help needed to search for financial aid assistance and can do the same for you! For more information about this great resource, visit [www.FastWeb.com](http://www.FastWeb.com) today!

## Central Carolina Works Director's Spotlight



Hello and happy February to all!

First and foremost- where did January disappear to?! I don't know about you all, but the month absolutely flew by here at the college. The regular registration window for spring has finally closed and we're looking at yet another record-breaking semester in terms of CCP enrollment here at Central Carolina Community College. We are still enrolling now for classes starting March 7th, so if you or someone you know wants to get involved, let us know!

The CCW advisors have been hard at work (as usual) getting our students settled into their classes. The registration process kicks off at most of our public high schools within the next few weeks, and then our focus will shift forward once again. Never a dull moment around here!

We'd like to welcome a new member to our CCW team; Ms. Stephanie Whitaker has been with the college for several years but recently took on some new duties through Central Carolina Works. Stephanie will assist with recruitment, advising, and registration of our non-public-school students within CCC's tri-county service area. We are thrilled to have Stephanie join our team and we anticipate that she is going to prove herself invaluable to our mission.

That's all for now folks- we'll see you next month!

Mary Schmid Carter  
Director of Secondary Partnerships

### **Points of Interest:**

- Central Carolina Works hosted its first-ever CCP Open House at CCC's Harnett Main Campus on February 1st. Current 10th and 11th grade Harnett County students and their families were invited to attend so they could learn more about opportunities that will be provided by the CCP program next year. We had over 200 people attend and were very pleased to see a positive review of the event in the Dunn Daily Record.

- Following the success of our Open House in Harnett County, we hope to implement similar events in both Chatham and Lee Counties for spring 2019.
- We are so pleased to have our first spring semester with all three of our early college programs up and running. Each of these programs are already underway with their application/acceptance process for Fall 2018 and we are so excited to get to know the next batch of incoming students!
  - Chatham School of Science and Engineering (Siler City)
  - Harnett County Early College (Dunn)
  - Lee Early College (Sanford)
- The application/acceptance process for Fall 2018 admissions to the Early Colleges are underway. We are so excited to get to know the next batch of incoming students!
- The CCP Complete Course Guide for 2018-2019 has been posted on our website. We are terribly excited about the addition of several new CTE certificate programs, which usually consist of 4-6 classes and are designed to be completed in only one academic year. Students who complete the entire pathway will be eligible to graduate from the college prior to their high school graduation.

## CCP Program Updates



<u>School</u>	<u>Spring 2017</u> <u>Spring 2018</u>	
Chatham Central	74	94
Jordan-Matthews	115	154
Northwood	154	193
<b>Chatham County Total</b>	<b>343</b>	<b>441</b>
Harnett Central	119	161
Overhills	111	131
Triton	146	163
Western Harnett	94	105
<b>Harnett County Total</b>	<b>470</b>	<b>560</b>
Lee Senior	174	115
Southern Lee	174	149
<b>Lee County Total</b>	<b>348</b>	<b>264</b>
<b>Service Area Public Total</b>	<b>1161</b>	<b>1265</b>
Other Schools (incl. Lee Early College)	467	456
<b>Total CCP Enrollment</b>	<b>1628</b>	<b>1721</b>

