



Central Carolina Works

Career & College Promise

Quick Links

Student Spotlight

CTE Pathway

Ready for Work

College Transfer at a Glance

Ready for College

Director's Spotlight

CCP Program Updates

Join My Mailing List

Forward to a Friend

November 2017

Student Spotlight:
Lydia Rogers, Triton High School



Pathway: Pre-AA

GPA: 4.8

Future Plans: Lydia is a senior CCP student heading to UNC-W next fall. She is interested in art and graphic design and will graduate from high school with 52 college credit hours completed.

CCP Advisor: "What have you gained from the CCP program and how do you feel this program

prepares you for college?"

Student: I will not have to spend as much money for college and I will have all my general education classes completed, so I will go straight to my major. I also feel that these classes have helped me prepare for college by showing me what to expect from college instructors.

CCP Advisor: "What advice would you give to future CCP participants?"

Student: Don't put too much on your plate. Only do what you can handle. It's great to complete as many classes as possible, but you have to have time for yourself too.

CTE Pathway Offering:
Health and Fitness Science

Central Carolina's Health and Fitness Science program offers students a certificate, diploma, or degree curriculum option. As more employers in the fitness industry seek out credentialed individuals to serve their clients, many opportunities are rising for employment in both the public and private sector in a variety of roles. Students can obtain their associate degree and continue on to earn their bachelor's degree at certain colleges and

universities and even complete their education with a master's or doctorate degree in physical education or a related field. With each advance in education and credentials, a student's employment opportunities and salary potential increase significantly.

Students seeking to transfer on from Central Carolina Community College and take their Health and Fitness Science degree with them should be aware of the new articulation agreement between CCCC and universities such as App State, UNC-W, Lenoir Rhyne, and NC Central.

Visit CFNC.org for more information on a Health and Fitness Science Career.

Resources for Students Ready for Work: Finding a Career Path

For many high school seniors, the process of finding a career is daunting. While there are some who may be lucky enough to know exactly what he/she wants to do in the future, most seniors will hold their hands up and give a small shrug with a quiet, "I don't know." In fact, current research shows that the majority of high school students have not planned for or feel unprepared for a career. So, what can we do to help high schools students that want to be ready for work after graduation?

The first step is to encourage exploration of interests. While choosing a specific field may not happen immediately, if we find areas or classes that excite them, we can begin to direct towards a career path. For instance, if a student enjoyed taking psychology course, we can suggest exploring a Human Services pathway.

Another beneficial step is to encourage the students to learn about themselves. This can be done through personality tests, career assessments, learning style quizzes, or just asking what the students enjoy doing. For example, if a student shares that he/she enjoys babysitting, suggesting a pathway with children may work for him/her. You can also look at what activities the student has taken during high school and see if a career path would fit these interests.

Third, have the student take an internship or job shadowing day. For many students, they may think a career "sounds" good, but really have no idea what the day-to-day life includes. Or even on the opposite end, a student may think that a career is "boring", but then discovers that it includes much more than they thought. Working a day in the field or with a mentor can help the student see if the career would be the right fit for him/her.

Finally, work with the student to develop a specific career path. While many people think that career planning begins with college or minimally senior year of high school, it does not. It is important for the students to discover a focus in the beginning, so classes and credits can be geared towards this future career.

Above all us, remind the students to be flexible. There is no direct, one-way road to career success. Our job is to make sure the road is less bumpy and the path is smoother for our students to transition from high school to a career.

College Transfer at a Glance: University of North Carolina at Chapel Hill



The University of North Carolina at Chapel Hill is known as the nation's first public University. It is located in the town of Chapel Hill making it the center of the town. The Carolina student body is comprised of about 30,000 students who are pursuing majors from African-American Studies to Women's Studies. UNC-Chapel Hill has over 600 student-led organizations which allow students the ability to be engaged on campus, surrounding community and globally. It is considered to have a highly-selective admissions process. The University of North Carolina at Chapel Hill

looks for students who are well-rounded in that they have pursued advanced courses, and volunteered in their community. Students who are going to be able to leave a footprint at the University as well as nationally.

Below are the Admission Facts from the 2016 Freshman and Transfer class at UNC-Chapel Hill:

First-Time Student	Completed Applications received	35,875
	Applicants offered admission	9,386
	Average HS GPA	4.59
	Average SAT	SAT Critical Reading - 600-700 SAT MAT- 610-720 SAT Writing- 580-690
	Average ACT	28-33
Transfer Students	Number of transfer applicants offered admission	1,128
	Number of transfer applicants offered admission who enrolled	725
	Average College GPA	3.57 (First year transfers)

*Information acquired from cfnc.org & unc.edu

For more information: www.CFNC.org & www.unc.edu

Resources for Students Going to College: Campus Tours

It is time to begin submitting college applications, but have you taken the time to go on a campus tour at all of the colleges you are applying for? Often times students do not take advantage of the opportunity to take a campus tour at the schools to which they plan to apply - consequently missing out on valuable information and truly knowing if the college is a good fit for them.

Here are the top 5 reasons students should schedule a campus tour at all of the colleges to which they plan to apply:

1. **"Right Fit"** - Is the college truly a good fit for the student? Students can only gain so much knowledge from a college's website and course catalog. It is imperative for them to step foot on campus to explore the college to its entirety.

2. **Information Sessions** - Most colleges offer some sort of information session when

students schedule a campus tour. By attending an information session, students can learn particular information about the school and get answers to specific questions.

3. **College Culture** - Students need to experience the culture of the school they plan to attend. Students need to embrace the values, character, spirit, and experience the campus facilities to ensure the culture of the school is the right place for them to study and live for the next 4 years of their life.

4. **The People** - Students will gain firsthand knowledge from current students, as well as meeting prospective students. Also, some campuses allow students the opportunity to sit in on a class allowing students the opportunity to meet faculty and staff.

5. **Refine Search** - Feelings change for students once they visit a campus and this can help determine which schools to apply to. In essence this helps students save money and time on applications.

Central Carolina Works Director's Spotlight



Dear Readers,

Welcome to November! There is much to be thankful for this year, and much to be excited about (see "CCP Updates" below for more info!). I am grateful to be blessed to work with such a great team of professionals- all nine of our CCW advisors are dedicated, hardworking folks who have committed much of their time and energy to improving the lives of our students. No other community college in North Carolina has the program support for Career & College Promise that we find in Central Carolina Works.

CCCC is also thankful for our recent SACSCOC on-site review. We received ZERO recommendations, which means that the college is performing at such a high level that the visiting committee couldn't even suggest a way to do things better! Many people on campus worked incredibly hard to garner this positive review, and we are grateful for their effort!

Registration for spring has also "sprung" at this time. The CCW advisors have been hard at work meeting with students and helping them select their courses for next semester. If you know of a student who hasn't signed up for their classes yet, please encourage them to touch base with their advisor as soon as possible.

We'll see you next month,
Mary Schmid-Carter
Director of Secondary Partnerships

CCP Program Updates



The CCP Operating Procedures were updated recently, so the team at CCCC has been busy bringing our whole operation into compliance with the new regulations. We have new forms for 2017-2018, and have adjusted our workflow to accommodate the additional documentation that is now required in some areas.

We are also VERY excited to announce that we are planning NINE new certificate programs for the 2018-2019 school year. All nine are at varying stages in the approval process, but here are the pathways that we are hoping will be active for next year:

Accounting Foundations
Audio/Radio Production
Business Foundations
Criminal Justice Foundations
Forensic Science
Hardware/Troubleshooting Repair
Healthcare Administration Foundations
Internet Computing Core (IC3)
Library Basics

Each certificate consists of four, five, or six classes, and will be offered in such a manner that students could complete the entire certificate in one year, depending on their location. Some certificates will be offered entirely online, while others will have a specific location at which they are taught in a seated format. We hope that by offering certificate options for our high school students, they will have the chance to complete a specific program of study and potentially graduate from the college prior to their high school graduation.

The CCP Course Guide for 2018-2019 is currently in the final stages of editing. Once finalized, it will be available on our website. Hard copies will be provided to each of the high schools within CCCC's three-county service area.
