CENTRAL CAROLINA COMMUNITY COLLEGE

Siler City Center
400 Progress Boulevard
Siler City, NC 27344

For more information on the Sleep Disorders Technologist Program, contact:

(919) 545-8042
(919) 545-8682

SLEEP DISORDERS TECHNOLOGIST

Offered by
Central Carolina Community College
Continuing Education
Chatham County (Siler City)

THE SLEEP DISORDERS TECHNOLOGIST PROGRAM IS ACCREDITED BY CAAHEP (COMMISSION ON ACCREDITATION OF ALLIED HEALTH EDUCATION PROGRAMS

www.cccc.edu

Program Description:

This course is designed to prepare individuals for employment as technologists in sleep disorder clinics/units. The course focuses on sleep theory and disorders, basic skills for setting up patients, and performing sleep studies.

Some course topics include respiratory, cardiovascular, nervous systems anatomy and physiology, understanding sleep stage scoring, record review, respiratory events, respiratory abnormalities and treatment, EKG interpretation, electrode application and sleep pharmacology, using CPR in a sleep clinic setting, and understanding sleep disorder computer applications for record reporting and review.

The Sleep Disorders Technologist curriculum is accredited by CAAHEP (Commission on Accreditation of Allied Health Education Programs.)

Students receive a certificate of completion and are eligible candidates for the BRPT exam.

Student Admission Requirements:

- 18 years old or older
- U.S. issued High School diploma or GED
- Photo ID and social security card
- Criminal background check completed by FirstPoint Resources Inc./ Drug Screen may apply as per clinical site
- CPR per ARC [Professional Rescuer] or CPR per AHA [Healthcare Providers] (necessary prerequisite)
- TB test and Influenza vaccine current within one year
- Proof of MMR and chickenpox vaccination

Student Eligibility Requirements:

- All health occupations that have a current, non-expired certification
- 700 hours documented direct patient care within the last two years with the exception of a licensed Respiratory Therapist or a Licensed Nurse
- Experience must be documented by a direct supervisor(s) on letterhead, attesting to the number of experience hours
- Hours cannot include student clinical experience or volunteer hours

No reports of abuse or neglect by the certifying registries or boards.

Program Completion Requirements Student Must:

- Complete the student admission requirements
- Attend at least 80% of the lecture/lab hours
- Maintain a final course average of 80% or above
- Successfully complete Lab Practical Skills

Successfully complete:

- 124 hrs of clinical externship
- Perform 4 – 5 complete sleep studies and clinical skills

Program Length:

The total hours of the program is 300 contact hours.

Includes:

- 100 hours Didactic Instruction
- 72 hours Laboratory Instruction
- 4 hours HRD
- 124 hours Clinical Externship

Program Cost:

Registration fee	$180.00
Mandatory liability insurance	$20.00
Mandatory student insurance	$0.55
Total due at registration	$200.55

- Students may not attend class until all fees are paid
- Textbooks are required and available at www.cccc.edu or at the Lee Main Campus bookstore. Because of price variation from year to year, text book prices are not listed.
- There is a charge by FirstPoint for the criminal background check/Drug Screen required by the clinical sites
- Refer to Instructor for facility dress code policy

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