BRAINSTORMING GOALS
Some questions to help you start thinking about goals

Developing self-motivation and determination
• Evaluation of my reasons for attending college
• Are my reasons personally realistic?
• Are my reasons meaningful?

Evaluating my career interest and abilities
• What career goals are most suitable for me?
• What educational program is most appropriate for me?

Defining the relationship between my courses and my career
• What knowledge and skills are required for my chosen vocation?
• How will these courses help me acquire the necessary training?

Meeting people who share my educational and career interests
• Are there professional organizations I should join?
• Are there local group meetings that I can attend?

Seeking work experiences related to my chosen field
• Are opportunities for related volunteer work available?
• Are appropriate part-time jobs, internships, or co-ops available?
• Are job shadowing opportunities available?

Setting short-term educational goals for myself
• What grade do I wish to make in each course?
• What must be done to earn the grade I desire?

Keeping a visual record of my progress in each course
• Am I making satisfactory grades on assignments and tasks?
• Which courses require additional effort to achieve my goal?

Developing more efficient study skills
• What are my studying strengths and weaknesses?
• Where can I get help to improve my study skills?

Others