

BRAINSTORMING GOALS

Some questions to help you start thinking about goals

Developing self-motivation and determination

- Evaluation of my reasons for attending college
- Are my reasons personally realistic?
- Are my reasons meaningful?

Evaluating my career interest and abilities

- What career goals are most suitable for me?
- What educational program is most appropriate for me?

Defining the relationship between my courses and my career

- What knowledge and skills are required for my chosen vocation?
- How will these courses help me acquire the necessary training?

Meeting people who share my educational and career interests

- Are there professional organizations I should join?
- Are there local group meetings that I can attend?

Seeking work experiences related to my chosen field

- Are opportunities for related volunteer work available?
- Are appropriate part-time jobs, internships, or co-ops available?
- Are job shadowing opportunities available?

Setting short-term educational goals for myself

- What grade do I wish to make in each course?
- What must be done to earn the grade I desire?

Keeping a visual record of my progress in each course

- Am I making satisfactory grades on assignments and tasks?
- Which courses require additional effort to achieve my goal?

Developing more efficient study skills

- What are my studying strengths and weaknesses?
- Where can I get help to improve my study skills?

Others
