**BRAINSTORMING GOALS**

*Some questions to help you start thinking about goals* **Developing self-motivation and determination**

* Evaluation of my reasons for attending college
* Are my reasons personally realistic?
* Are my reasons meaningful?

**Evaluating my career interest and abilities**

* What career goals are most suitable for me?
* What educational program is most appropriate for me?

**Defining the relationship between my courses and my career**

* What knowledge and skills are required for my chosen vocation?
* How will these courses help me acquire the necessary training?

**Meeting people who share my educational and career interests**

* Are there professional organizations I should join?
* Are there local group meetings that I can attend?

**Seeking work experiences related to my chosen field**

* Are opportunities for related volunteer work available?
* Are appropriate part-time jobs, internships, or co-ops available?
* Are job shadowing opportunities available?

**Setting short-term educational goals for myself**

* What grade do I wish to make in each course?
* What must be done to earn the grade I desire?

**Keeping a visual record of my progress in each course**

* Am I making satisfactory grades on assignments and tasks?
* Which courses require additional effort to achieve my goal?

**Developing more efficient study skills**

* What are my studying strengths and weaknesses?
* Where can I get help to improve my study skills?

**Others**