

# CONNECT TO SUCCESS!



## VOLUME I COLLEGE SUCCESS CENTER NEWSLETTER



Welcome to the first edition of Central Carolina Community College's College Success Center Newsletter for students. Each newsletter will provide you with important information, so please take the time to read the newsletter when it is published.

### INTRODUCING AVISO

Success in college depends on developing your plan! Get started today!

#### **AVISO will help you with: Academic Advising**

- Connect with a Success Coach or Advisor to develop a comprehensive strategy that will ultimately lead to your academic achievement
- Plot your full academic plan of study for upcoming semesters quickly and painlessly
- Submit your plan to an Success Coach or Advisor for approval

#### **Streamlined Communication with Advisors/Coaches**

- Communicate with faculty/advisors
- Discuss challenges, request recommendations for upcoming courses
- Quickly access your program of study and transcripts

#### **ACCESSING AVISO**

AVISO can be accessed from its icon located in the lower right column of the Current Students page. Just use your CougarMail email address and password to login. If you are having trouble accessing AVISO, contact the College Success Center at [success@cccc.edu](mailto:success@cccc.edu) or call (919) 718-7485.



#### **College Success Center Contact Information:**

##### **Torry Reynolds**

**Title: Lead Success Coach &  
Title III Activities Director**

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##### **Daniel Berndt**

**Title: Math Success Coach**

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Office Location: Miriello Building  
(Harnett) Mondays  
8:00 - 12:00 PM  
Wednesday, Thursday  
or 68 Hockaday Hall (Lee Campus)  
Mondays 2:00 - 5:00 PM,  
Tuesday, Friday

##### **Lyndsie Gibbs**

**Title: Success Coach**

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and Thursday or 68 Hockaday Hall  
(Lee Campus) Monday and Friday

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## What is the College Success Center?

The College Success Center (CSC) fosters a student-centered learning experience that promotes your personal, professional and academic success. The staff of the College Success Center is committed to helping you take charge of your success at Central Carolina Community College. We connect students to opportunities for success through innovative strategies and technology. We also empower students to take an active role in their learning, which ultimately impacts retention and goal completion at Central Carolina Community College.



For more detailed information please visit the College Success Center's webpage at: [www.cccc.edu/csc](http://www.cccc.edu/csc)

## What is the First Year Experience?



CCCC offers a First Year Experience (FYE) that prepares our students for college life and helps them develop the skills necessary to be successful. The CCCC FYE program is designed to provide support and encouragement to new students at CCCC and help set them on the path to personal and academic success.

## This CCCC First Year Experience includes four components:

1. New Student Orientation - NSO is your first introduction to the CCCC community after admission. NSO will help you learn more about the school, your academic program, and will help you begin developing positive relationships with CCCC faculty, staff, and students. It also provides an opportunity to get necessary paperwork taken care of ahead of time so you can focus on your academic success.
2. Intrusive Advising - The College Success Center provides students with a point of contact for all questions related to course selection and requirements for graduation. Our AVISO early alert and academic planning system provides faculty and staff with a tool to alert you if they recognize any issues or areas of concern that could prevent your success.

## College Success Center Contact Information:

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Exception: Tuesdays  
8:00 - 5:00 PM  
Pittsboro Campus.  
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**Math Success Coach**  
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**Cristian Wood**  
**Distance Education Advisor  
and Success Coach**  
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Primary Office Locations:  
Science Building,  
Distance Education Suite  
Exceptions: Hockaday Hall,  
Mondays 1:00 PM - 5:00 PM  
and Thursdays  
8:00 AM - 12:00 PM



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3. ACA First Year Experience Courses (ACA 111, ACA 115, ACA 122) - Entering students are required to take an ACA course to help you understand the behaviors, resources, and academic policies you'll need to be successful at CCCC and beyond.

4. College Success Workshops - These workshops are aimed at helping students develop as independent, self-confident, efficient learners through improved study skills and academic performance which can aid in success in college and life. Some workshop topics include General Study Skills, Time Management, Stress Management, and Test Taking Strategies.



## Not a new student?

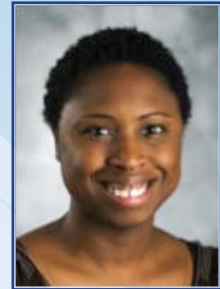
With all of this talk about the First Year Experience and ACA courses for new students, returning students might be thinking "What does the College Success Center have to offer me?" Well, let me illuminate the possibilities!

The Success Coaches in College Success Center can help returning students with:

- Locating and Accessing CCCC Student Resources
- Study Skills Development
- Preparing for Academic Advising and Registration
- Financial Aid Appeal Preparation
- Scholarship and Admissions Essay Development
- Applying for Social Service Benefits such as Food Stamps and Medicaid
- Encouragement and Support in Reaching Academic Goals
- Much, much, more!

As you can see, we provide a variety of programs and services to help you in your college experience. We look forward to working with you as work towards graduation. Come visit us soon!

## Staff Spotlight



**Torry L. Reynolds,  
Lead Success Coach/  
Title III Activity Director**

Torry is a developmental educator and a student affairs professional who is dedicated to the personal and academic success of college students. Torry is currently a doctoral student in the Higher Education program at the University of North Carolina Greensboro. She holds a master of education in Student Affairs from Kutztown University and a bachelor of arts in Afro-American Studies and Sociology from the University of Pennsylvania. Her research interests include academic support programs, developmental education, and student advocacy. Outside of work, Torry relaxes by spending time with family, dining with friends, and watching episodes of Law & Order on Netflix.

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## What's happening in ACA?

The College Success Center launched many sections of three courses this Fall as part of the First-Year Experience program here at CCCC. ACA 111 and ACA 115 are both one-credit hour courses that introduce students to our services, provide information on skills students need to survive and thrive in the college environment, introduce students to Service Learning, and assists students in career exploration. ACA 111 meets for one hour per week, while ACA 115 meets for two hours and is usually required for students in Health-related professions (such as Nursing, Vet Med, Dental Assisting).

ACA 122 is also one credit hour and covers all of the material contained in ACA 111/115. It also contains a component to help students learn the process of transferring to a 4-year institution. Hence it is required for College Transfer (such as Associate in Arts and Associate in Science) programs.

Students who are in their first year or have not yet taken ENG 111 will in many course plans be required to take the appropriate ACA course for their major in order to graduate. The courses provide an opportunity for students to better "orient" themselves to college life and CCCC. They also provide a good way to create a network of fellow students and instructors. The instructors are often faculty who teach various disciplines, or staff from the college.

If you are not already taking this course, please make sure to arrange to take the course in Spring 2014. If you have any questions, please contact the College Success Center at [success@ccc.edu](mailto:success@ccc.edu)

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## New Student Orientation was a Success!

This was the first year that the College Success Center implemented New Student Orientation. The planning process started back in January (and lasted until the June!) This summer, we saw a huge increase in the amount of attendees for New Student Orientation. Over 450 student attended with their parents, spouses and families.

There were eight different sessions students could choose from to attend. Each session was set-up very similar. During each session, students were able to learn more about our online classes, their specific major (and meet some of the faculty), their financial aid, all the student services available to students, and speak to current students about what it is like to be a member of the CCCC community!

Students had a ton of fun while learning about what it takes to be an awesome student at CCCC!

**Hometown:**  
Reading, PA

***Distinguishing Characteristic:***

I laugh really loudly, so everyone knows when I am coming around :)

***What I love most about working in CSC:***

I love helping students. I was the first person in my family to go to college, so I know how tough it can be to be successful without help. I want to be able to help students navigate the college experience so they can be successful and achieve their dreams!

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**Quote Corner:**

***"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."***

***—Maya Angelou***

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## What Is Happening Around Campus?

### Featured Webinar

The Distance Education Department is working with other departments within the college to bring even more student services to its distance students as well as students . This month the DE Department partnered with Mary Parker from Career Services in order to present a webinar on "First Impressions and Your Personal Brand".

**Title:** *First Impressions and Your Personal Brand*

**Web Link:** <http://cccclifesize.cccc.edu/videos/video/93/>

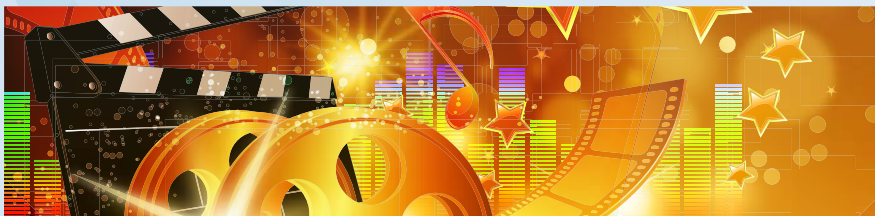
### Club Highlight

Central Carolina Community College (CCCC) is proud to announce a new **American Red Cross**



**Club.** The American Red Cross Club at CCCC supports the national American Red Cross in their mission to alleviate human suffering in the face of emergencies. This is only American Red Cross Club Chapter hosted by a Community College in the State of North Carolina, and therefore is an important source of support and volunteerism for our local community.

The American Red Cross Club at CCCC will work alongside community partners to plan, prepare for and respond to natural disasters such as fires and tornadoes. We also promote health and well-being by running blood drives, working Red Cross tents at local events, and volunteering with food pantries in the area. If you are interested in being part of the American Red Cross Club at CCCC please email us at [redcrossclub@ccc.edu](mailto:redcrossclub@ccc.edu)



### Movie Night Sponsored By SGA/PBL

Where: In the CCCC Quad outside (if it rains will be in the gym)

When: October 4th • 7:00 p.m.

Movie: Hunger Games

Admission: Donation of a 1 can of food for CUOCLC (part of the holiday food drive)

Who: for all CCCC/LEC students plus friends & family (bring chairs or blankets)

**Concessions onsite**

### Up Coming Events

**Come support your fellow Cougars!**

#### 2013 Mens Basketball

##### Schedule:

[www.cccc.edu/sports/schedule/menBasketball/](http://www.cccc.edu/sports/schedule/menBasketball/)

#### 2013 Volleyball Schedule:

[www.cccc.edu/sports/schedule/womenVolleyball/](http://www.cccc.edu/sports/schedule/womenVolleyball/)

Meredith College Visit  
Wednesday September 25  
11:00 am - 1:00 pm  
Student Center  
Sanford Campus

#### Effective Resume

##### Writing Workshop

Wednesday October 2  
5:45 pm - 7:15 pm  
Bell Welcome Center  
Testing Room #102  
Sanford Main Campus

#### Returning Student

##### Preregistration for

##### Spring 2014 Classes Begins

Friday October 4  
All CCCC Locations

#### Classes Follow

##### Monday Schedules

**Tuesday November 12**

**All CCCC Locations**



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## Student Spotlight



This edition's student spotlight is on Spencer Bridges, a Business Administration major and alumnus of the Adult High School Program. Mr. Bridges is a soft-spoken, quietly ambitious student who hopes to start his own online clothing store after graduating in the fall of 2014. His dream is to make enough money and move to Greensboro, North Carolina. There he will build the resources and customer base to expand his online company into brick and motor stores.

Mr. Bridges has been involved with the College Success Center (CSC) from the beginning. He enrolled in

the pilot of ACA 122, College Transfer Success, which he successfully completed this spring. He then became a Federal Work Study student for the summer semester, where he played an integral role in the success of New Student Orientations (NSO). NSO not only showed the College Success Center how lucky we are to have Mr. Bridges on our team, but also provided him a new opportunity to interact with other staff members and new students.

Upon completing his summer semester, Spencer graciously agreed to continue working as a Federal Work Study student at the College Success Center throughout the fall. Mr. Bridges describes working the Success Coaches as his favorite experience while at CCCC. "They showed me how things really work, showed me a lot of new things about how the school works," he explained. Mr. Bridges likes a team centered working environment, and we certainly like having him as part of our team in the CSC!

## M.A.D.E. and W.A.D.E.



Excitement is in the air as we kick off our Men of Academic Distinction and Excellence (M.A.D.E.) along with introducing the "NEW" Women of Academic Distinction and Excellence (W.A.D.E.)!

This year we are looking forward to not only preparing our students to enjoy their time here but also assist them with transferring to a four year institution. We are going to be engaging our student body population as a whole with activities such as debates as well as networking events.

*For next meeting information please contact:*

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