

# CCCC Peeps!

The HR Department is hosting a virtual EAP session.

*Learn how our Employee Assistance Program can help your mental wellness!*

The virtual session will be held

May 2nd from 1pm-2pm

SPRING into improved mental health by registering at this link:

<https://www.signupgenius.com/go/10C094EACA723A6F4C07-eapand>

## **EGGCITING NEWS:**

Attendees will also receive a "stress" peep squishy from the HR Department.

