

## **Did you know the library has over 50 databases that YOU can use for free?**

One of our favorites is Films on Demand where you can watch thousands of streaming videos and clips from your desktop or phone. Films on Demand offers curriculum-focused video content that you can use in your classes. Content includes topics such as:

- Humanities and social science
- Career and job search
- Nursing
- Biology
- Technical education
- Lasers and SO MUCH MORE!



**There are even workout videos!**

Please join Jennifer on Fridays at 2pm for a **20 minute workout** (light yoga, abs, tone & sculpt) in the Harnett Library instruction lab.



Just bring a mat and wear some comfortable clothes to move in.