



Featured!

- Earth Fair
- **Demonstrations:**
 - Composting
 - Recycling
 - Conservation
 - Starting Seeds

SATURDAY, APRIL 13, 2013

HEALTHY BODIES

8:00 AM

Rabbit Run 5K & Children's Fun Run

For more information, visit www.cccc.edu/RabbitRun5K.

9:00 AM – 11:00AM

Café will open featuring health foods and information about the Natural Chef Program

9:00 AM – 11:00 AM

A health fair will take place on the patio (weather permitting) or in a SST building classroom

10:30 AM

SGA Sponsored Disk Golf Tournament and Kids Showdown at the Disc Golf Course

The UNC Hospitals (Siler City), Chatham Health Department, and National Organ Donor Registry will be at the event. The CCCC Nursing program students will also be present to share information about their programs.

HEALTHY PLANET

9:30 AM – 11:00 AM

A series of classes will be offered from environmental issues to healthy cooking:

- Energy Efficiency
- Sustainable Agriculture
- Green Home Design
- From Farm to Table
- Chatham Cottage Tour and Open House
- Earth Fair

11:00 AM

CCCC Farm Tour

