

Mental Health and Community Resources

Central Carolina Community College

In the case of a Crisis (student is expressing suicidal thoughts):

1. Try to remain as calm as possible. The student has come to you because he or she trusts you, and because they want to receive help.
2. Listen to the student and express to them that you want to help. Explain that their safety is the most important priority, and you want to contact a professional to speak with them.
3. If the student has expressed suicidal language you will need to call security. This is for the student's safety, other students safety, and your safety as well. ****IMPORTANT: Make sure the student knows security is there because they are First Responders, NOT because the student is in trouble in any way****
4. Contact Therapeutic Alternatives at 1-877-626-1772. They are a Mobile Crisis Team of trained counselors that are available 24/7, 365 days a year. This means that they will drive to meet with your student at their location. This will allow your student to receive help without having to leave campus or worry about transportation issues.
5. National Suicide Prevention Lifeline number is: [1-800-273-8255](tel:1-800-273-8255)

****** For students experiencing a medical or life threatening emergency, call 911.** If you need the police, ask for a CIT (Crisis Intervention Team) officer. CIT officers have received training in assisting persons experiencing mental health, intellectual/developmental disabilities and substance use challenges. These officers have also received training in situation de-escalation.

Connecting with Resources

Note: The mental health resources here are a collection of resources by each CCCC county. This list does not reflect an endorsement of any given provider or service by CCCC.

The resources below are listed by county and fall in the following groupings:

- A. Private insurance coverage/sliding scale
- B. LME-LCO resources for students with Medicaid, NC Health Choice (NCHC) or No Insurance
- C. Local Community Support- includes domestic violence services, social services, addictions and recovery support, etc.
- D. Campus security and local police/ sheriff offices

*** The resources listed here do not imply an endorsement of a particular service provider by Central Carolina Community College.*

Students With Private Insurance Coverage (includes affordable care act policies)

Many students are covered through private insurance companies. It is recommended that students first contact their insurance company directly to learn about the referral or certification process for mental health services.

Students with Medicaid, NC Health Choice (NCHC) or No Insurance

The Local Management Entity- Managed Care Organizations (LME-MCOs) oversee the mental health, intellectual and developmental disability and substance use disorder services statewide. They have 24/7 contact available to you and serve individuals regardless of their ability to pay. To determine which "network" you are in, as there are 7 across the state, go to:

<https://www.ncdhhs.gov/providers/lme-mco-directory> This is an interactive map that allows

you to click on the site closest to you to determine which LME-MCO is yours.

<https://www.ncdhhs.gov/divisions/mhddsas>

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CHATHAM COUNTY



Private Insurance Coverage/Sliding Scale - Most of these service providers require private health insurance. Call to inquire about Medicaid/Medicare and sliding scale.

Elizabeth Morris Adams, MSW, LCSW

Comprehensive Practice Resources, Inc. @ The Chatham Wellness Center

68 Fayetteville Street

PO Box 1351

Pittsboro, North Carolina 27312

(919) 648-0235

Expertise: Licensed clinical social worker with 30+ years of experience. Areas of focus include grief and loss, caregiver stress, anxiety and depression and with resolving traumatic experiences. Approaches include approach may include cognitive-behavioral, insight-oriented, mindfulness-based, or psychodynamic methods.

Carolina Partners in Mental Healthcare

This practice has 28 locations throughout North Carolina. Affiliates include psychiatrists, psychologists, clinical social workers and licensed professional counselors. Practitioners are located in Pittsboro, Chapel Hill and Cary.

919-929-9610

<https://www.carolinapartners.com/>

Expertise: Mental health services are provided for children through older adult. Review individual clinicians in the website for areas of expertise.

Julie Daul, LCSW

35 Thompson Street

Pittsboro, NC 27312

P (919) 542-6183

Expertise: Parent Child Interactive Therapy, Trauma Focused-Cognitive Behavioral Therapy, EMDR. Bilingual – English/Spanish. Medicaid accepted.

Christian Fisher, LCSW

310 West Street

Pittsboro, NC 27312

P (919) 883-7771

F (919) 695-0079

Office and school based individual and family therapy. Medicaid, Health Check, and private insurance accepted.

Peak Professional Group

Group practice consisting of licensed professional counselors and licensed clinical social workers.

200 Sanford Road, Suite 2

Pittsboro, NC 27312

Office- (919) 335-3105

Mobile: (919) 412-5685

Expertise: Mental health services are provided for children through older adult. Review individual clinicians in the website for areas of expertise.

Jackie Petty, MA, LPC

P O Box 1336

Pittsboro, NC 27312

P (919) 770-4588

jackiepetty@windstream.net

Office and home based individual and family therapy. Medicaid, Health Check, and private insurance accepted.

Renaissance Wellness Services LLC

Group practice consisting of licensed professional counselors
288 East Street, Suite 1001-F7
Pittsboro, NC 27312
919-413-3722

<http://rwellnessservices.com/index.html>

Expertise: Mental health services are provided for children through older adult. Review individual clinicians in the website for areas of expertise.

Scheffler Psychological Associates

Heather Scheffler, PhD
Clinical Psychologist
310 West St
Pittsboro, North Carolina 27312
919-548-5612

<http://www.schefflerpsychological.com/>

Expertise: provides mental health services to children, adolescents, and their families in a community-based private practice. She also conducts assessments of intellectual ability (intellectual disability, giftedness), academic achievement (learning disorders), and attention/concentration/impulse control (ADHD) for all ages



LME-MCO Resources -Services for citizens that are Medicaid recipients or not insured. Many of these practitioners also work with persons with standard insurance policies

Cardinal Innovations LME-MCO

24-Hour Referral and Crisis 1.800.939.5911
www.cardinalinnovations.org.

El Futuro, Inc.

319 A E 3rd Street
Siler City, NC 27344
P (919) 688-7101
F (919) 688-7102

www.elfuturo-nc.org

Medicaid, Health Choice, and private insurances accepted. Uninsured patients accepted

Expertise: Bilingual mental health and substance abuse services are available on Tuesdays 9:00am-7:00pm and Wednesdays 9:00am-5:00pm in the Siler City office. Other locations available in Carrboro and Durham. Accepts children 6 and older for services.

Services provided include: Mental Health Evaluations, Individual, Family and Group Therapy, Psychiatric Treatment, Parenting classes, social skills classes and DBT Skill Classes, Substance Abuse Evaluation and Treatment, Trauma Treatment

Peak Professional Group

Counseling for Growth, Transformation & Inspiration
Pittsboro Office
200 Sanford Road, Suite 2
Pittsboro, NC 27312
(919) 335-3105 Spanish Speakers (919) 412-5685 (919) 412-5685

www.peakprofessionalgroup.com

*Services provided include: Individual Counseling, Couples Counseling, Family Therapy, Group Therapy, Y.E.S. Program- Youth: Empowered & Supported- A school-based Mental Health Counseling Program
Bilingual counseling available. Medicaid accepted.*

Therapeutic Alternatives

Mobile Crisis Management

24 hours per day/7 days per week
Crisis Line: (877) 626-1772

www.mytahome.com

Mobile Crisis response provides an immediate evaluation, triage, and access to acute MH/DD/SA services, treatment, and supports. These services include immediate telephonic response to assess the crisis and determine the risk, mental status, medical stability, and appropriate response. Be prepared to give the MCM team as much information as possible when you contact them such as: name, date of birth, diagnoses, medications, Medicaid number, medical issues, brief psychiatric history, family issues and concerns, history of aggression, history of law enforcement involvement, and current concern.

Daymark Recovery Services

Siler City Office -Spanish speaking receptionist
1105 E Cardinal Street
P (336) 570-0104
F (336) 570-0201

Pittsboro Office
Open Monday, Wednesday, and Thursday
102 Camp Drive
P (919) 542-2141

www.trinitybehavioralhc.com

Interpreters available for scheduled appointments at both locations. Accepts Medicaid. Services provided include: individual therapy, medication management, substance abuse services, Community Support Teams, Psycho-Social Rehabilitation, and Intensive in-home services.

*The After Hours Crisis Line for both Chatham offices is (336) 212-9891.
24-hour, Toll-free Access Call Center (800) 939-5911.*

UNC Center for Women’s Mood Disorders

101 Manning Drive
Department of Psychiatry
First Floor, Neurosciences Hospital
P (984)-974-5217 (with confidential voicemail)
www.womensmooddisorders.org

Julie Daul, LCSW

35 Thompson Street
Pittsboro, NC 27312
P (919) 542-6183
Expertise: Parent Child Interactive Therapy, Trauma Focused-Cognitive Behavioral Therapy, EMDR. Bilingual – English/Spanish. Medicaid accepted.

Christian Fisher, LCSW

310 West Street, Pittsboro, NC 27312
P (919) 883-7771
F (919) 695-0079
Office and school based individual and family therapy. Medicaid, Health Check, and private insurance accepted.

Jackie Petty, MA, LPC

P O Box 1336
Pittsboro, NC 27312
P (919) 770-4588
jackiepetty@windstream.net
Office and home based individual and family therapy. Medicaid, Health Check, and private insurance accepted.

Renaissance Wellness Services, LLC

Dr. Karen Barbee, LPC, LCASA, NCC

288 East Street Suite 1001-F7

Pittsboro, NC 27312

P (919) 413-3722

<http://rwellnessservices.com>

Expertise: Individual counseling, couples counseling, group counseling, school-based counseling, and substance abuse counseling for youth and adults. Medicaid and private insurance accepted (BCBS of NC, Aetna, Medcost, First Health, and Coventry).

Susanne Saunders, LCSW

35 Thompson Street, Suite 201

Pittsboro, NC 27312

P (919) 444-1779

F (919) 542-6184

susannesaunders@gmail.com

www.susannesaunders.com

Expertise: anxiety, depression, phobias, ADHD, trauma, abuse, grief, relationship issues, life transitions, domestic violence, anger management, separation and divorced families, parenting issues, parent/child conflict, family conflict, adoption, peer conflict, bullying, and separation anxiety in children.

Sandra Wickham, LCSW

110 B Village Lake Road

Siler Business Park Building #1, Suite B

Siler City, NC 27344

P (919) 542-4952

sawick913@gmail.com

www.sandrawickhamswlcsw.com

Expertise: children ages 4 to 11 by providing play therapy, art therapy, and other projective techniques. Works parents, foster parents, schools, and medical providers to maintain a uniform and comprehensive course of treatment. Individual and couple sessions can be arranged as needed. Ages 5 to adult. Medicaid, Health Check, and private insurance accepted.



Chatham County Local Community Support

Alcoholics Anonymous in North Carolina

Link to a directory of meeting times and locations: <https://www.aanorthcarolina.org/meetings.asp>

Chatham Counseling Center of Freedom House

288 East Street, Suite 1004

Pittsboro, NC 27312

(919) 442-1844

www.freedomhouserecovery.org

Chatham County Department of Social Services

<http://www.chathamnc.org/services/social-services>

Safe surrender of infants, child support issues, abuse and neglect, work first, nutrition, Medicaid, daycare

Chatham Cares (Community Pharmacy)

112 Village Lake Rd

Siler City, NC 27344

(919) 663-0177

<http://www.chathamcares.com/>

Coalition for Family Peace (Domestic Violence)

144 N. Chatham Ave.

Siler City, NC 27344

(919) 742-7320

CORA Food Pantry

40 Camp Drive
Pittsboro, NC 27312
(919) 545-3030 or (919) 542-5020
<http://corafoodpantry.org/>

Victim Services Coordinator, Chatham County Sheriff's Office

The program is staffed with a full-time and a part-time specialist. Victim Services Coordinators assist victims of all crimes, including domestic violence, provide crisis intervention, protection order guidance, and court date notifications.

295 West St.
Pittsboro, NC 27312
919-542-2811
lora.rinaldi@chathamsheriff.com

Chatham Family Violence Prevention Services (CFVPS)

CFVPS includes one full-time and one part-time bilingual Domestic Violence Advocate. CFVPS Domestic Violence Advocates provide clients with support, such as accessing community services, assisting with protection order, developing safety plans, and securing transportation or emergency housing. Their address is 45 West Salisbury in Pittsboro.

45 W Salisbury St
Pittsboro, NC 27312
919-542-1792
cfvps@chathamnc.org

NC Region of Narcotics Anonymous

<https://ncregion-na.org/>
Click on the NC map to locate local meetings.

United Way of Chatham County

72 Hillsboro Street
Pittsboro, NC 27312
(919) 542-1110
<http://unitedwayofchathamcounty.org/>
<http://www.unitedwaync.org/nc211> (searchable database of over 15,000 local resources)
<http://unitedwayofchathamcounty.org/resource-directory/> (Resource directory for Chatham County)

West Chatham Food Pantry

126 Village Lake Rd
Siler City, NC 27344
919-742-3111.

Provides food for those in need, including garden produce, grocery supplements, and information on other community resources.

***Campus security and local police/ sheriff offices***

Pittsboro Campus security: 919-542-8066 or x8011
Siler City Campus security: 919-545-8680 or x8661
Chatham County Sheriff's Department: 919-542-2811
Siler City Police Department: 919-742-5626
Pittsboro Police Department: 919-542-3200

HARNETT COUNTY



Private Insurance Coverage/Sliding Scale - Most of these service providers require private health insurance. Call to inquire about Medicaid/Medicare and sliding scale.

DeNome Alliances Counseling Center

Group Practice-variety of clinicians with specialty areas

<http://www.denome-alliances.com/default.html>

380 Raleigh St.

Holly Springs, NC 27540

(919) 521-5372

(919) 780-8335 (Para Espanol)

Expertise: therapy techniques include, but are not limited to Cognitive-Behavioral Therapy, Play Therapy, Art Therapy, Behavioral Modification, Family Systems Therapy, Crisis Management, and Solution-Focused Therapy.

Debbie Ferguson, MA

Licensed Professional Counselor, MA, LPC

Tapestry Counseling and Coaching, LLC

Dunn, North Carolina 28334

(910) 416-5884

Expertise: Christian counselor, EMDR, military associated issues, family conflict, trauma and PTSD, relationship issues.

Angie Hathaway, MA

Licensed Marriage & Family Therapist, Licensed Clinical Addiction Specialist Associate.

Tel. (828)548-1679

angie@angiehathaway.com

Expertise: trained to work with families, couples, and individuals.

In addition to individual, couple and family therapy, I also have ten years of experience researching, constructing and leading psychoeducational, counseling and psychotherapy groups.

Jennifer McLucas, LCSW, LCAS

602 East Academy Street

Suite 203

Fuquay Varina, North Carolina 27526

(919) 330-0179

<http://www.jennifermclucaslcsw.com/>

Expertise: mood disorders, anxiety disorders, psychotic disorders, personality disorders, addictions, chronic illness and life transition issues. Specialties- individuals that are dually diagnosed with psychiatric and substance use disorders as well as individuals who live with chronic illness.

Southern Wake Counseling Center

320 N. Judd Parkway, Suite 200

Fuquay Varina, NC 27526

Office: 919-557-8222

Fax: 919-557-8223

<http://www.southernwakecounselingcenter.com/index.htm>

Expertise: group practice offering treatment for trauma or abuse, ineffective behavior patterns, life transitions, faith and meaning, loss and grief, self-esteem, LGBT, anger management, relationship, marriage, and family, sex and sexuality, separation, divorce, remarriage, and blended families, parenting.

The Haymount Institute for Psychological Services

806 Hay Street

Fayetteville, North Carolina 28305

<http://www.haymountinstitute.com/>

Appointments/Information: 910-860-7008 Fax: 910-221-9006

Expertise: full range of specialty behavioral health services provided by a culturally & professionally diverse staff of psychiatrists, psychologists and clinical therapists with the collective intention to serve children, adolescents, adults, couples and families in a community setting.

TriCare Counseling & Consulting, Inc.

731 Tilghman Dr.

Dunn, North Carolina 28334

Appointments: (910)249-4219

<http://www.tricarecounseling.com/>

Group practice consisting of psychologists, licensed professional counselors, clinical social workers.

Expertise: clinical assessments or psychiatric evaluation, individual, family, group therapy, medication management



LME-MCO Resources -Services for citizens that are Medicaid recipients or not insured. Many of these practitioners also work with persons with standard insurance policies.

Sandhills Center Office

1120 Seven Lakes Drive

West End, NC 27376

Phone: 910-673-9111

Fax: 910-673-6202

Crisis Line: 800-256-2452

Sandhills Center coordinates services for uninsured and Medicaid clients. Most of their affiliated practitioners also serve those with private insurance.

Sandhills Center Provider Directory: <http://www.sandhillscenter.org/providerdirectory/#>

Below is a sampling of clinicians that participate in this referral network and are listed through the directory. For additional contacts, refer to the website listed above.

Advance Behavioral

109 East Divine Street

Dunn, NC 28334 5303

Telephone number: 910-292-2503

Insurance: Medicaid

Adult, Child services

Languages: English, Spanish

Services: Community Support Team (CST), Counseling/Outpatient Therapy, Intensive In-Home Therapy, Psychological Testing

Specialties: Sexual & Gender Identity Issue

Aspirations & Miracles Community Support LLC

701 East Broad Street, Suite E , Dunn, NC 28334 5101

910-892-0000

<http://aspirationsandmiraclesllc.com/contact-us/>

Insurance: Medicaid Age Group: Adult

Services: Counseling/Outpatient Therapy, Innovations Services, Psychosocial Rehab - PSR, Substance Abuse Comprehensive Outpatient (SACOT), Substance Abuse Intensive Outpatient (SAIOP)

Expertise: Dual Diagnosis, Sexual & Gender Identity Issues

Daymark Recovery Services

5841 US Highway 421 South
Buies Creek, NC 27506
(910) 893-5727

<http://www.daymarkrecovery.org/locations/harnett-center>

EMH Counseling

206 Raleigh Street
Fuquay Varina, NC 27526

EMH Counseling

Buies Creek, NC
(919) 609-0458

<http://www.emhcounseling.com/>

Harnett Counseling Services

1186 North Main Street
Lillington, NC 27546
(910) 814-0909

<http://www.harnettcounseling.com/>

Johari Family Services

(910) 897-3000

www.joharifs.com

Peace of Mind

817 West Front Street
Lillington NC 27546
(910) 814-2197

<http://www.peace-of-mind-inc.com/>



Harnett County Local Community Support

Alcoholics Anonymous in North Carolina

Link to a directory of meeting times and locations: <https://www.aanorthcarolina.org/meetings.asp>

Beacon Rescue Mission (Community based shelter)

207 W. Broad Street
Dunn, NC 28334
(910) 892-5772

<http://www.beaconmission.com/>

Harnett County Department of Social Services

<http://www.harnett.org/ss/social-services.asp>

P.O. Box 2169
311 Cornelius Harnett Boulevard
Lillington, NC 27546
Paul Polinski, Director
910-893-7500
Fax 910-893-6604 or 910-893-7587

Safe surrender of infants, child support issues, abuse and neglect, work first, nutrition, Medicaid, daycare

SAFE of Harnett County, Inc.

Private, non-profit organization that provides safety and advocacy for victims of domestic violence and sexual assault. Sheltering, counseling, referral.

Crisis Line 910-893-7233

1210 S Main Street, Lillington, NC 27546

Johnston-Lee-Harnett Community Action

1102 Massey St

Smithfield, NC 27577

(919) 934-2145

<http://jlhcommunityaction.org/>

Lee/Harnett Family Support Program-NAMI (National Alliance for the Mentally Ill)

1-800-273-8255

PO Box 87502

Fayetteville NC 28304

Support Groups meet at 109 Bradford Ave, Fayetteville, NC call 910-223-5244 for info.

<http://namich1.org>

NAMI Family Support Group 3rd Tuesday of each month @ 6 pm Free monthly meeting of caregivers of individuals with mental illness where family members can talk frankly about their challenges and help one another through their learned wisdom. Participants are encouraged to share actively in the work of the group.

NAMI Connection 2nd Tuesday of each month @ 1:00 pm Free recovery support group for adult people living with mental illness where people learn from one another's experiences, share coping strategies and offer mutual encouragement and understanding. The groups provide an ongoing opportunity to discuss the challenges of living with mental illness and the techniques for maintaining wellness. All groups are facilitated by peers living in recovery.

NC Region of Narcotics Anonymous

<https://ncregion-na.org/>

United Way of Harnett County

600 South Magnolia Ave.

Dunn, NC 28335

(910) 892-1733

<http://www.united-way-of-harnett-county-north-carolina-dunn.com/>

<http://www.unitedwaync.org/nc211> (searchable database of over 15,000 local resources)



Campus security and local police/ sheriff offices

Lillington Campus: 910-814-8813

Harnett Health Sciences Center: 910-814-8986

West Harnett Center: 910-498-1210

Dunn Center: 910-814-8926

Harnett County Sheriff's Department: 910-893-9111

Lillington Police Department: 910-893-3015

Dunn Police Department: 910-892-2399



Private Insurance Coverage/Sliding Scale - Most of these service providers require private health insurance. Call to inquire about Medicaid/Medicare and sliding scale.

Advance Behavioral Center Inc.

919-777-0214
317 Chatham St., Sanford NC 27330
Population Served: Children, Adolescents, Adults
Insurance: Medicaid, Health Choice, Medicare, Major Insurances

Behavioral Healthcare Associates

319 Court Square
Sanford, NC 27330
(919) 292-1464

Center for Behavioral Healthcare

919-776-0303
138 South Steel St., Sanford NC 27330
Population Served: Children, Adolescents, Adults
Insurance: Medicaid, Health Choice

Compass House Counseling Center

919-774-8790
311 W. Rose St., Sanford NC 27330
Population Served: Children, Adolescents, Adults
Insurance: Medicaid, Major Insurances

Daymark Recovery Services

130 Carbonton Road
Sanford, NC 27330
Telephone: (919) 774-6521
<http://www.daymarkrecovery.org/locations/lee-center>

Family ConneXions

329 Carthage Street
Sanford, NC 27330
(919) 718-1355
<http://www.familyconnexions.com/>

New Beginnings Counseling Services

1518 S. Horner Boulevard
Sanford, NC 27330
(919) 718-1597
<http://www.newbeginningscounselingservices.net/>

Sanford Treatment Center

2800 Industrial Drive
Sanford, North Carolina 27330
(919) 776-0711
Programs: Detoxification, Methadone Detoxification, All Clients in Opioid Treatment Program, Naltrexone (Oral), Substance Abuse Treatment, and Vivitrol® (Injectable Naltrexone) Level of Care: Partial Hospitalization / Day Treatment and Hospital Inpatient.
Payment Methods: State Insurance (Other than Medicaid) and Access to Recovery (ATR) Voucher



Lee County LME-MCO Resources -Services for citizens that are Medicaid recipients or not insured. Many of these practitioners also work with persons with standard insurance policies.

Sandhills Center LME-MCO

1120 Seven Lakes Drive
 West End, NC 27376
 Phone: 910-673-9111
 Fax: 910-673-6202
 Crisis Line: 800-256-2452

Sandhills Center coordinates services for uninsured and Medicaid clients. Most of their affiliated practitioners also serve those with private insurance. Sandhills Center Provider Directory: <http://www.sandhillscenter.org/providerdirectory/#> Below is a sampling of clinicians that participate in this referral network and are listed through the directory. For additional contacts, refer to the website listed above.

Sandhills Clear View Counseling Services

Dr. Julie Brown, LPC
 318 Court Square Suite D
 Sanford, NC 27330 5667
 919-478-9969

<http://www.sandhillsclearview.com/>

Completed Cultural Compliance: YES

Insurance: Medicaid **Age Group:** Adult, Child

Languages: American Sign Language, English, Hindi/Punjabi/Urdu/Bengali/Dujari

Services: Counseling/Outpatient Therapy

Specialties: Post-Traumatic Stress Disorder (PTSD), Trauma Focused Cognitive Behavioral Therapy (TF-CBT)



Lee County Local Community Support

Alcoholics Anonymous in North Carolina

Link to a directory of meeting times and locations: <https://www.aanorthcarolina.org/meetings.asp>

Bread Basket of Sanford (Food)

<http://breadbasketofsanford.org/>

[\(919\) 774-3118](tel:9197743118)

140 E Chisholm St, Sanford, NC 27330

Christians United Outreach Center (Food/Clothing)

2885 Lee Ave
 Sanford, NC 27331
 (919) 774-8485

<http://www.cuoclc.org/>

Family Promise (Assists homeless families)

2302 Woodland Ave
 Sanford, NC 27332
 (919) 718-0569

<http://www.familypromiseofleecounty.org/>

Haven of Lee County (Domestic Violence, Sexual Assault)

**215 Bracken Street,
 Sanford, NC 27330**
 24 hour crisis line: (919) 774-8923

<http://www.havenlee.org/>

Helping Hands Clinic (Medicine Program)

507 North Steele Street
Sanford, NC 27330
(919) 776-4359
www.hhcsanford.org

Lee County Department of Social Services

<http://leecountync.gov/Departments/SocialServices.aspx>

530 Carthage Street
P.O. Box 1066
Sanford, NC 27330
Phone 919-718-4690
Fax 919-718-4634

Safe surrender of infants, child support issues, abuse and neglect, work first, nutrition, Medicaid, daycare

Lee County Enrichment Center

919-776-0501

1615 S. Third Street
Sanford, NC 27330

<http://www.leecountync.gov/LinkClick.aspx?fileticket=MfJreVy6Lus%3d&tabid=114>

Support groups dealing with grief, Alzheimer's disease, vision loss, caregiver support, Women's Groups, Veteran Groups

Lee County Industries (Developmental Disabilities)

2711 Tramway Road
Sanford, NC 27330
(919) 775-3439

<http://lciinc.org/>

Lee/Harnett Family Support Program-NAMI (National Alliance for the Mentally Ill)

1-800-273-8255

PO Box 87502

Fayetteville NC 28304

Support Groups meet at 109 Bradford Ave, Fayetteville, NC call 910-223-5244 for info.

<http://namichl.org>

NAMI Family Support Group 3rd Tuesday of each month @ 6 pm Free monthly meeting of caregivers of individuals with mental illness where family members can talk frankly about their challenges and help one another through their learned wisdom. Participants are encouraged to share actively in the work of the group.

NAMI Connection 2nd Tuesday of each month @ 1:00 pm Free recovery support group for adult people living with mental illness where people learn from one another's experiences, share coping strategies and offer mutual encouragement and understanding. The groups provide an ongoing opportunity to discuss the challenges of living with mental illness and the techniques for maintaining wellness. All groups are facilitated by peers living in recovery.

Men's Homeless Shelter

705 Chatham Street
Sanford, NC 27330
(919) 776-8474

NC Region of Narcotics Anonymous

<https://ncregion-na.org/>

Click on the NC map to locate local meetings.

Stevens Center (Developmental Disabilities)

1576 Kelly Drive
Sanford, NC 27330
(919) 776-4048

<http://stevenscenter.org/>

United Way of Lee County

507 N. Steele Street
Sanford, NC 27330
(919) 776-5823

<http://www.leecountyunitedway.org/>

<http://www.unitedwaync.org/nc211> (searchable database of over 15,000 local resources)

Women's Homeless Shelter

507 S. Third Street
Sanford, NC 27330
(919) 774-7112

***Campus security and local police/ sheriff offices***

Lee Campus security: 919-718-7512 or 919-770-4178

WB Wicker security: 919-777-7705 or 919-770-4169

Lee County Sheriff's Department: 919-775-5531

Sanford Police Department: 919-775-8268

Development Center: 919-770-8409

ADDITIONAL SERVICES**Adolescent Pregnancy and Prevention**

(919) 932-9885

Child Support Assistance

Child Care Networks

(919) 542-6644

Developmental Disabilities

GCF Family Support Services

(910) 420-1178

Domestic Violence

Family Violence and Rape Crisis Services

(919) 542-5445

<http://www.fvrc.org/>

Eating Disorders Helpline

Call our toll-free, confidential helpline, Monday - Thursday from 9:00 am - 9:00 pm and Friday from 9:00 am - 5:00 pm (EST):

Holiday Closures

1-800-931-2237

Financial Assistance

Debt Crisis Counseling

NC Cooperative Extension Service

(919) 542-8202

Holly Hill Hospital

Inpatient, partial hospitalization and outpatient services for psychiatric concerns, geriatric issues, addictions

Admissions 1-800-447-1800

<http://hollyhillhospital.com/admissions/>

Adult Campus 919.250.7000
3019 Falstaff Road
Raleigh, NC 27610

National Suicide Prevention Lifeline

Helpline: 1-800-273-8255

<https://suicidepreventionlifeline.org/>

27/7 support for those in distress or for family and friends seeking help for a loved one.

National Alliance for Mental Illness

App for connecting anonymously to share stories and find support.

<http://www.nami.org/Find-Support/Air-App>

1-800-950-6264 or text NAMI to 741741

Problem Gambling

North Carolina Problem Gambling Helpline: (877) 718-5543, www.morethanagamenc.com

Gambler's Anonymous: NC Hotline: (919) 460-9039, www.gamblersanonymous.org

Gam-Anon: (718) 352-1671, www.gam-anon.org/

National Center for Responsible Gambling, www.ncrg.org

McGill International Centre for Youth Gambling, www.youthgambling.com

Reach-Out Pregnancy Crisis Center

(919) 898-2923

SUD Recovery Supports

Recovery Communities of North Carolina- (Substance Use Disorder Recovery, Advocacy, and Support) <http://rcnc.org/>

919-231-0248

The Trevor Project

Help and support for LGBTQ youth.

<http://www.thetrevorproject.org/>

Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now at 866-488-7386.

SUPPORT GROUPS

Alcoholics Anonymous

North Moore St., Sanford NC 27330

(919) 776-5522 ext. 319

HAVEN in Lee County Domestic

(919) 774-8923

Lee/Harnett Family Support Program

Support Groups, Workshops (monthly-no cost)

1-877-776-6702

yfsandhills@mindspring.com

Lee County Enrichment Center, Grief Counseling

(919) 776-0501

Veteran Groups NAMI for Cumberland, Lee and Harnett

(910) 709-6685

www.nami-cumberland.com

VETERANS SERVICES

Mental Health Resources for Veterans

<https://www.mentalhealth.va.gov/StudentVeteran/index.asp>

Raleigh Vet Center

1649 Old Louisburg Rd, Raleigh, NC

(919) 856-4616

<http://www.vetcenter.va.gov/>

Fayetteville Vet Center

4140 Ramsey St. Suite 110 Fayetteville, NC

(910) 488-6252

Veteran Medical Centers

Fayetteville VA Medical Center:

2300 Ramsey Street Fayetteville, NC

(910) 488-2120

<http://www.fayettevillenc.va.gov/>

Durham VA Medical Center

508 Fulton Street Durham, NC

(919)286-0411

<http://www.durham.va.gov/>

Local Veteran Services Offices

Lillington: (910) 893-7574

Sanford: (919) 776-0501

Wounded Warier Project

4200 Morganton Road, Fayetteville, NC

(910) 487-0116

www.woundedwarriorproject.org/

Operation Home Front

4728 Park Rd Suite A, Charlotte, NC

(704) 527-3063

www.operationhomefront.net/carolinas

Veteran Homeless Hotline

National Call Center for Homeless Vets

(877) 424-3838

VA Campus Toolkit

Provides faculty, staff, and administrators resources to support student Veterans.

<https://www.mentalhealth.va.gov/StudentVeteran/index.asp>

Vocational Rehabilitation

<http://www.ncdhhs.gov/dvrs/>

Dunn Office: (910) 892-7040

Raleigh Office: (919) 733-7807

Sanford Office : (919) 775-2247

SUBSTANCE ABUSE RESOURCES

National Clearinghouse/Alcohol & Drug Information (301) 468-2600

New Beginnings Counseling Services, PLLC

15187 Horner Blvd, Sanford, NC 27330

(919) 391-9668

Center for Behavioral Healthcare, PA, CABHA

138 South Steele St., Sanford NC 27330

(919) 776-0303

Family Preservation Services of NC CABHA

Carthage St., Sanford NC 27330

(919) 718-1355 329

Kenneth Smith LCSW, LCAS, CSI

Elm St., Sanford NC 27330

(919)728-9523 1503

Lighthouse Recovery Ministry

Recovery for Alcohol/Drug Addictions, Family Support

(919) 478-6237

National Council on Alcoholism and Drug Addiction

<https://www.ncadd.org/>

This is a voluntary health organization focusing on alcoholism, drug addiction the impact of alcohol and other drugs on individuals, families and communities.

Sandhills Comprehensive Treatment Centers

Treatment for men and women aged 18 and above, who are struggling with an addiction to opioids.

Pinehurst (844) 329-2630

<http://www.sandhillsctc.com/location/pinehurst/>

Fayetteville (844) 325-6193

<http://www.sandhillsctc.com/location/fayetteville/>

Statewide Substance Use Disorder Hotline for Referrals:

Alcohol and Drug Council of North Carolina 1(800) 688-4232

<https://www.alcoholdrughelp.org>

Recovery Communities of North Carolina (RCNC)

Resources for building a peer-supported recovery community.

<http://rcnc.org/>

Recovery Communities Center Office

5245 Capital Blvd.

Raleigh, NC 27616

(919) 231-0248/0249

Fax (919) 231-6383

DOMESTIC VIOLENCE AND SEXUAL ASSAULT

North Carolina Coalition Against Domestic Violence

NCCADV is involved in collaborations, innovative trainings, prevention, technical assistance, state policy development and legal advocacy

3710 University Dr., Suite 140

Durham, NC 27707

Phone: 919-956-9124

Toll-Free: 1-800-799-7233

Website: <http://nccadv.org/>

North Carolina Coalition Against Sexual Assault

811 Spring Forest Rd., Suite 900

Raleigh, NC 27609

Phone: 919-871-1015

Toll Free: 1-888-737-2272

Website: www.nccasa.org

National Sexual Violence Resource Center (NSVRC)

Materials for use including videos, podcasts, publications, volunteer opportunities.

<http://www.nsvrc.org/>

• [Rape, Abuse and Incest National Network \(RAINN\)](#)

(800) 656-HOPE

• [Sexual Assault Brief from VAWOR](#)

• [UN Action Against Sexual Violence in Conflict](#)

• [National Domestic Violence Hotline](#) 1-800-799-7233

• [Office of Violence Against Women](#)