Program Planning Guide

Human Services Technology, Associate in Applied Science (A45380)

Program Length: 4 semesters
Program Sites: Distance Education; Lee Main Campus
Career Pathway Options: Associate in Applied Science Degree in Human Services Technology

The Human Services Technology curriculum prepares students for entry-level positions in institutions and agencies which provide social, community, and educational services. Along with core courses, students take courses which prepare them for specialization in specific human service areas.

Students will take courses from a variety of disciplines. Emphasis in core courses is placed on development of relevant knowledge, skills, and attitudes in human services. Fieldwork experience will provide opportunities for application of knowledge and skills learned in the classroom.

Graduates should qualify for positions in mental health, child care, family services, social services, rehabilitation, correction, and educational agencies. Graduates choosing to continue their education may select from a variety of transfer programs at senior public and private institutions.

See the College Catalog and program website for details regarding: Entrance Standards; Required Admissions Criteria and Requirements for Acceptance.

Suggested Course Schedule		Class	Lab	Clinical	Credits	Notes:
1st Semester (fall)						
ACA 122	College Transfer Success	0	2	0	1	
ENG 111	Writing and Inquiry	3	0	0	3	
HSE 110	Intro to Human Services	2	2	0	3	** (see note pg. 2)
PSY 150	General Psychology	3	0	0	3	
SAB 110	Substance Abuse Overview	3	0	0	3	
SOC 210	Introduction to Sociology	3	0	0	3	
	Total Semester Hours	**14**	**4**	**0**	**16**	
2nd Semester (spring)						
BIO 111	General Biology	3	3	0	4	*(see note pg. 2)
CIS 110	Introduction to Computers	2	2	0	3	
HSE 123	Interview Techniques	2	2	0	3	** (see note pg. 2)
PSY 241	Developmental Psych	3	0	0	3	
SOC 220	Social Problems	3	0	0	3	
	Total Semester Hours	**13**	**7**	**0**	**16**	

3rd Semester (fall)						
HSE 225	Crisis Intervention	3	0	0	3	** (see note below)
HSE 245	Stress Management	2	2	0	3	
POL 120	American Government	3	0	0	3	
PSY 281	Abnormal Psychology	3	0	0	3	
SOC 213	Sociology of the Family	3	0	0	3	
SOC 225	Social Diversity	3	0	0	3	
	Total Semester Hour	**17**	**2**	**0**	**18**	
4th Semester (spring)						
ENG 112	Writing/Research in the Disc	3	0	0	3	
HSE 112	Group Process	1	2	0	2	
HSE 125	Counseling	2	2	0	3	**(see note below)
HSE 210	Human Services Issues	2	0	0	2	
PHI 240	Introduction to Ethics	3	0	0	3	
SOC 232	Social Context of Aging	3	0	0	3	
WBL 111	Work-Based Learning I	0	0	10	1	
WBL 115	Work-Based Learning Seminar I	1	0	0	1	** (see note below)
	Total Semester Hour	**15**	**4**	**10**	**18**	
Total Semester Hours Credit Required for Graduation: 67						

*MAT 152 is also recommended for students seeking a Bachelor's degree.
**Course requires one 3-hour class meeting on Lee Main campus.

Course Descriptions

ACA 122   College Transfer Success
This course provides information and strategies necessary to develop clear academic and professional goals beyond the community college experience. Topics include the CAA, college policies and culture, career exploration, gathering information on senior institutions, strategic planning, critical thinking, and communications skills for a successful academic transition. Upon completion, students should be able to develop an academic plan to transition successfully to senior institutions.This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

BIO 111   General Biology I
This course introduces the principles and concepts of biology. Emphasis is placed on basic biological chemistry, molecular and cellular biology, metabolism and energy transformation, genetics, evolution, and other related topics. Upon completion, students should be able to demonstrate understanding of life at the molecular and cellular levels. This course has been approved for transfer under the CAA/ICAA as a general education course in Natural Science.

CIS 110   Introduction to Computers
This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems. This course has been approved for transfer under the CAA/ICAA as a general education course in Mathematics (Quantitative).

ENG 111   Writing and Inquiry
Prerequisite: Take One Set: Set 1: DRE-097; Set 2: ENG-002; Set 3: BSP-4002
Corequisite: Take ENG-011
This course is designed to develop the ability to produce clear writing in a variety of genres and formats using a recursive process. Emphasis includes inquiry, analysis, effective use of rhetorical strategies, thesis development, audience awareness, and revision. Upon completion, students should be able to produce unified, coherent, well-developed essays using standard written English. This course has been approved for transfer under the CAA/ICAA as a general education course in English Composition.

ENG 112   Writing/Research in the Disc
This course, the second in a series of two, introduces research techniques, documentation styles, and writing strategies. Emphasis is placed on analyzing information and ideas and incorporating research findings into documented writing and research projects. Upon completion, students should be able to evaluate and synthesize information from primary and secondary sources using documentation appropriate to various disciplines. This course has been approved for transfer under the CAA/ICAA as a general education course in English Composition.

HSE 110   Intro to Human Services
This course introduces the human services field, including the history, agencies, roles, and careers. Topics include personal/professional characteristics, diverse populations, community resources, disciplines in the field, systems, ethical standards, and major theoretical and treatment approaches. Upon completion, students should be able to identify the knowledge, skills, and roles of the human services worker.

HSE 112   Group Process I
Prerequisite: Enrollment in the HSE Program
This course introduces interpersonal concepts and group dynamics. Emphasis is placed on self-awareness facilitated by experiential learning in small groups with analysis of personal experiences and the behavior of others. Upon completion, students should be able to show competence in identifying and explaining how people are influenced by their interactions in group settings.

HSE 123   Interviewing Techniques
This course covers the purpose, structure, focus, and techniques employed in effective interviewing. Emphasis is placed on observing, attending, listening, responding, recording, and summarizing of personal histories with instructor supervision. Upon completion, students should be able to perform the basic interviewing skills needed to function in the helping relationship.

HSE 125   Counseling
This course covers the major approaches to psychotherapy and counseling, including theory, characteristics, and techniques. Emphasis is placed on facilitation of self-exploration, problem solving, decision making, and personal growth. Upon completion, students should be able to understand various theories of counseling and demonstrate counseling techniques.

HSE 210   Human Services Issues
This course covers current issues and trends in the field of human services. Emphasis is placed on contemporary topics with relevance to special issues in a multi-faceted field. Upon completion, students should be able to integrate the knowledge, skills, and experiences gained in classroom and clinical experiences with emerging trends in the field.

HSE 225   **Crisis Intervention**
This course introduces the basic theories and principles of crisis intervention. Emphasis is placed on identifying and demonstrating appropriate and differential techniques for intervening in various crisis situations. Upon completion, students should be able to assess crisis situations and respond appropriately.

HSE 245   **Stress Management**
This course covers stressors and techniques for stress management. Topics include anger, assertiveness, breathing, change, coping skills, family, time management, meditation, guided imagery, and journaling. Upon completion, students should be able to identify areas of stress and the skills and management techniques for dealing with stressors.

MAT 152   **Statistical Methods I**
Corequisite: MAT 052
Prerequisites: Take one set: Set 1: DMA 010, DMA 020, DMA 030, and DRE 098; Set 2: DMA 010, DMA 020, DMA 030, and ENG 002; Set 3: DMA 010, DMA 020, DMA 030, and BSP 4002; Set 4: DMA 025 and DRE 098; Set 5: DMA 025 and ENG 002; Set 6: DMA 025 and BSP 4002; Set 7: MAT 003 and DRE 098; Set 8: MAT 003 and ENG 002; Set 9: MAT 003 and BSP 4002; Set 10: BSP 4003 and DRE 098; Set 11: BSP 4003 and ENG 002; Set 12: BSP 4003 and BSP 4002
This course provides a project-based approach to introductory statistics with an emphasis on using real-world data and statistical literacy. Topics include descriptive statistics, correlation and regression, basic probability, discrete and continuous probability distributions, confidence intervals and hypothesis testing. Upon completion, students should be able to use appropriate technology to describe important characteristics of a data set, draw inferences about a population from sample data, and interpret and communicate results.

PHI 240   **Introduction to Ethics**
Prerequisite: Take ENG-111
This course introduces theories about the nature and foundations of moral judgments and applications to contemporary moral issues. Emphasis is placed on moral theories such as consequentialism, deontology, and virtue ethics. Upon completion, students should be able to apply various ethical theories to moral issues such as abortion, capital punishment, poverty, war, terrorism, the treatment of animals, and issues arising from new technologies. This course has been approved for transfer under the CAA/ICAA as a general education course in Humanities/Fine Arts.

POL 120   **American Government**
This course is a study of the origins, development, structure, and functions of American government. Topics include the constitutional framework, federalism, the three branches of government including the bureaucracy, civil rights and liberties, political participation and behavior, and policy process. Upon completion, students should be able to demonstrate an understanding of the basic concepts and participatory processes of the American political system. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

PSY 150   **General Psychology**
This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

PSY 241   **Developmental Psychology**
Prerequisite: Take PSY-150
This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

PSY 281   **Abnormal Psychology**
Prerequisite: Take PSY-150
This course provides an examination of the various psychological disorders, as well as theoretical, clinical, and experimental perspectives of the study of psychopathology. Emphasis is placed on terminology, classification, etiology, assessment, and treatment of the major disorders. Upon completion, students should be able to distinguish between normal and abnormal behavior patterns as well as demonstrate knowledge of etiology, symptoms, and therapeutic techniques. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SAB 110   **Substance Abuse Overview**
This course provides an overview of the core concepts in substance abuse and dependence. Topics include the history of drug use/abuse, effects on societal members, treatment of addiction, and preventive measures. Upon completion, students should be able to demonstrate knowledge of the etiology of drug abuse, addiction, prevention, and treatment.

SOC 210   Introduction to Sociology
This course introduces the scientific study of human society, culture, and social interactions. Topics include socialization, research methods, diversity and inequality, cooperation and conflict, social change, social institutions, and organizations. Upon completion, students should be able to demonstrate knowledge of sociological concepts as they apply to the interplay among individuals, groups, and societies. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SOC 220   Social Problems
This course provides an in-depth study of current social problems. Emphasis is placed on causes, consequences, and possible solutions to problems associated with families, schools, workplaces, communities, and the environment. Upon completion, students should be able to recognize, define, analyze, and propose solutions to these problems. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SOC 213   Sociology of the Family
This course covers the institution of the family and other intimate relationships. Emphasis is placed on mate selection, gender roles, sexuality, communication, power and conflict, parenthood, diverse lifestyles, divorce and remarriage, and economic issues. Upon completion, students should be able to analyze the family as a social institution and the social forces which influence its development and change. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SOC 225   Social Diversity
This course provides a comparison of diverse roles, interests, opportunities, contributions, and experiences in social life. Topics include race, ethnicity, gender, sexual orientation, class, and religion. Upon completion, students should be able to analyze how cultural and ethnic differences evolve and how they affect personality development, values, and tolerance. This course has been approved for transfer under the CAA/ICAA as a general education course in Social/Behavioral Sciences.

SOC 232   Social Context of Aging
This course provides an overview of the social implications of the aging process. Emphasis is placed on the roles of older adults within families, work and economics, politics, religion, education, and health care. Upon completion, students should be able to identify and analyze changing perceptions, diverse lifestyles, and social and cultural realities of older adults. This course has been approved for transfer under the CAA/ICAA as a premajor and/or elective course requirement.

WBL 111   Work-Based Learning I
This course provides a work-based learning experience with a college-approved employer in an area related to the student's program of study. Emphasis is placed on integrating classroom learning with related work experience. Upon completion, students should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies.

WBL 115   Work-Based Learning Seminar I
Prerequisite: Take one: WBL-111, WB-112, WBL-113, or WBL-114
Students will present their work experience and evaluate work opportunities afforded by the work-based learning experience.